



# INDIANA

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## Indiana Strategic Substance Abuse Prevention and Mental Health Promotion Priorities

In 2005, the State Epidemiology and Outcomes Workgroup (SEOW) was established as part of the Center for Substance Abuse Prevention's Strategic Prevention Framework State Incentive Grant (SPF SIG) initiative to collect and analyze epidemiological data and facilitate data-based decision-making regarding substance abuse prevention across Indiana. Though the grant funding has ended, the Division of Mental Health and Addiction continues to support the work of the SEOW.

As of this date, the Indiana SEOW has published nine annual comprehensive state epidemiological profiles on substance use. The complete series of *The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile* as well as additional documents are available at the Center for Health Policy website at [www.healthpolicy.iupui.edu/](http://www.healthpolicy.iupui.edu/).

Based on the 2015 State Epidemiological Profile, the following substance abuse prevention priorities were identified:

## OUR VISION

Healthy, safe, and drug-free environments that nurture and assist all Indiana citizens to thrive.

## OUR MISSION

To reduce substance use and abuse across the lifespan of Indiana citizens.

## Indiana Strategic Substance Abuse Prevention and Mental Health Promotion Priorities

ALCOHOL	TOBACCO	MARIJUANA
<p>Reduce past-month alcohol use among 12- to 17-year-olds from 11.4% to 10.3%</p> <p>Data source: NSDUH, 2013-2014</p> <p>Target setting method: 10% improvement (modified from Healthy People 2020, objective SA-13.1)</p>	<p>Reduce past-month smoking among adults from 22.9% to 18.0%</p> <p>Data source: BRFSS, 2014</p> <p>Target setting method: TPC, Strategic Plan 2015 (p. 32)</p>	<p>Reduce past-month marijuana use among 18- to 25-year-olds from 20.3% to 18.3%</p> <p>Data source: NSDUH, 2013-2014</p> <p>Target setting method: 10% improvement (SEOW consent)</p>
<p>Reduce past-month binge drinking among 12- to 17-year-olds from 6.3% to 5.7%</p> <p>Data source: NSDUH, 2013-2014</p> <p>Target setting method: 10% improvement (Healthy People 2020, objective SA-14.4)</p>	<p>Reduce past-month smoking among adults with household incomes of less than \$15,000 from 42.0% to 37.8%</p> <p>Data source: BRFSS, 2014</p> <p>Target setting method: 10% improvement (SEOW consent)</p>	<p>Reduce past-month marijuana use among 12th grade students from 18.8% to 16.9%</p> <p>Data source: Indiana Youth Survey, 2015</p> <p>Target setting method: 10% improvement (SEOW consent)</p>
<p>Reduce past-month binge drinking among young adults ages 18 to 25 from 39.5% to 35.6%</p> <p>Data source: NSDUH, 2013-2014</p> <p>Target setting method: 10% improvement (Healthy People 2020, objective SA-14.3)</p>	<p>Reduce smoking among pregnant women from 15.1% to 12.0%</p> <p>Data source: TPC, 2016</p> <p>Target setting method: TPC, Strategic Plan 2015 (p. 32)</p>	
	<p>Reduce current cigarette use among young adults ages 18 to 25 from 34.7% to 31.2%</p> <p>Data source: NSDUH, 2013-2014</p> <p>Target setting method: 10% improvement (SEOW consent)</p>	

## Indiana Strategic Substance Abuse Prevention and Mental Health Promotion Priorities *(continued)*

OPIOIDS	MENTAL HEALTH	RECOMMENDATIONS
<p>Reduce past-year nonmedical use of prescription pain relievers among adolescents ages 12 to 17 from 5.0% to 4.5%</p> <p>Data source: NSDUH, 2013-2014</p> <p>Target setting method: 10% improvement (SEOW consent. This is also a Healthy People 2020 objective, SA-19.1; however, no target was set by the U.S. Department of Health and Human Services)</p>	<p>Reduce suicide mortality rate among all Indiana residents from 14.3 to not more than 12.9 per 100,000 population</p> <p>Data Source: CDC Wonder, 2014</p> <p>Target setting method: 10% improvement (Healthy People 2020, objective MHMD-14.3)</p>	<p>Currently, there is a lack of solid state-level estimates related to heroin use in Indiana, and heroin overdose deaths are likely being underestimated.</p> <p>Based on available U.S. statistics and data from Indiana's substance abuse treatment system, the SEOW recommends (1) prevention strategies to address heroin abuse, and (2) expansion of data collection related to consumption and consequences of heroin to inform future efforts in this area.</p>
<p>Reduce past-year nonmedical use of prescription pain relievers among young adults ages 18 to 25 from 9.5% to 8.6%</p> <p>Data source: NSDUH, 2013-2014</p> <p>Target setting method: 10% improvement (SEOW consent. This is also a Healthy People 2020 objective, SA-19.1; however, no target was set by the U.S. Department of Health and Human Services)</p>	<p>Reduce the percentage of adults who perceived an unmet need for mental health treatment from 5.0% to 4.5%</p> <p>Data Source: SAMHSA, 2013</p> <p>Target setting method: 10% improvement (SEOW consent)</p>	

## About Substance Abuse in Indiana

This issue brief provides an update on Indiana’s substance abuse prevention and mental health promotion priorities.

For detailed analysis of substance abuse in Indiana, see *The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile, 2015*, a comprehensive epidemiologic profile created by the Indiana University Center for Health Policy for the State Epidemiology and Outcomes Workgroup (SEOW). This and other reports are available at the Indiana University Center for Health Policy Web site (<http://www.healthpolicy.iupui.edu/>) or through the Indiana Prevention Resource Center’s SPF SIG website (<http://www.drugs.indiana.edu/consult-spf.html>).

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