

**INDIANA UNIVERSITY PURDUE UNIVERSITY INDIANAPOLIS  
INTERCOLLEGIATE ATHLETICS  
STUDENT-ATHLETE DRUG POLICY AND PROGRAM**

The IUPUI Athletics Department implements this policy to encourage a drug free environment, to identify student-athletes improperly using drugs and to assist them in complying with this policy. Through education, testing and an accountability framework, IUPUI intends to encourage student-athlete health and welfare, promote fair competition in intercollegiate athletics, and affirm compliance with applicable rules, regulations and laws governing drug use.

### I. Prohibited Use of Banned Substances

All student-athletes at IUPUI are prohibited from using any substance that belongs to a class on the NCAA Banned Drugs list, as updated from time to time, unless they have a documented exemption before notification of an impending test. The list of NCAA Banned Drugs (attached and accessible [here](#)) is subject to modification at any time and, for the purposes of this policy, is in effect immediately upon adoption by the NCAA. Student-athletes are advised to consult the list periodically to be aware of any changes. IUPUI may test student-athletes, or anyone otherwise receiving athletics grant-in-aid, for any substance on the NCAA Banned Drugs list. All student athletes must disclose all prescriptions for medication to the Athletic Training Staff.

### II. Use of Supplements

The NCAA stance on dietary supplements is that student-athletes should be advised that the most effective and safest way to enhance their performance is to avoid dietary/nutritional supplement products and to rely on a combination of a healthy diet, appropriate conditioning, rest and recovery, and avoiding substance abuse.

Dietary/nutritional supplements are at risk of contamination and may include ingredients that are banned under the IUPUI Student-Athlete Drug Policy and Program. Student-athletes are responsible for any substance they ingest and may be at risk for testing positive for banned substances and receive the corresponding sanctions because of supplement use. Student-athletes taking any product containing dietary/nutritional supplement ingredients do so at their own risk. Student-athletes must bring all supplement products to the IUPUI Athletic Training Staff and submit an IUPUI Student-Athlete Dietary Supplement Disclosure and Review Form (attached and accessible [here](#)).

### III. Drug Testing

All student-athletes are subject to announced and/or unannounced drug-testing and will be required to sign a waiver consenting to such testing prior to participation in IUPUI Athletics (attached and accessible [here](#)). While student-athletes may choose to not sign the waiver, doing

so will prohibit participation in IUPUI athletics. Student-athletes may be tested on or off campus at any time, including during the preseason, the summer, and/or the regular academic year.

#### IV. Testing Procedures

- a. Student-athletes will be notified of the time and location of their test. Student-athletes must then sign the Notification Form acknowledging notification of the testing details (the Notification Form is attached and accessible [here](#)).
- b. Upon notification, the student-athlete must present at the specified collection site at the designated time for testing. Student-athlete will be asked to leave all bulky clothing and personal bags in the common area.
- c. Student-athletes who fail to arrive at the testing site at the designated time may be charged with a positive test. Student-athletes who arrive late or miss a test due to an emergency must present proof of the emergency to the Drug Policy and Program Committee (the “Committee”). The Committee will decide what sanctions should be placed on the student.
- d. The following collection guidelines (also available [here](#)) are recommended by Drug Free Sport and may be updated from time to time. For purposes of this policy, any changes to the Drug Free Sport recommended testing procedures will be effective immediately.

#### V. Confidentiality

Records of test results will be released only under the circumstances allowed by the provisions of this policy or as otherwise required by law.

#### VI. Positive Test Results

- a. Drug Free Sport will notify the Athletics Compliance staff of all drug testing results. Once notified, the Director of Athletics or Compliance staff will notify the student-athlete of a positive result.
- b. The Chancellor of IUPUI, Chief of Staff to the Chancellor, Director of Athletics, Senior Woman Administrator, Assistant Athletic Director for Sports Medicine, Compliance Administrator(s), Faculty Athletics Representative, the Head Team Physician, the sport supervisor, applicable coaches, the assigned athletic trainer, CAPS, and other necessary IUPUI administrators may be notified of a student-athlete’s positive test result. The Director of Athletics may inform the parent(s), guardian(s) or spouse of any student-athlete of positive test results as permitted by applicable law.
- c. If a student-athlete tests positive, he or she has the option, at his/her own cost, to request the testing of the “B” vial. Additionally, the student-athlete will be withheld from competition during the “B” vial testing process.

- d. Sanctions for Positive Tests
  - 1. First Positive Test: Student-athlete will meet with the Director of Athletics or his/her designee, and will be required to attend education and counseling sessions. Student-athlete will also be subject to regular testing for the duration of his/her athletic career at IUPUI. Additionally, the student-athlete will participate in required community service.
  - 2. Second Positive Test: Student-athlete's athletic grant-in-aid will not be renewed. Additionally, student-athlete will be required to attend education and counseling sessions and to perform community service.
  - 3. Third Positive Test: Student-athlete will permanently lose eligibility for participation in intercollegiate athletics at IUPUI effective immediately.
- e. The number of positive tests is cumulative for the duration of the student-athlete's career.
- f. The Director of Athletics, upon consultation with others as appropriate, reserves the right at his or her discretion to impose appropriate additional sanctions upon the occurrence of a first, second or third positive test including, but not limited to, the loss of athletic eligibility and athletic financial aid, additional drug testing, etc. Questions on interpreting any part of this policy can be referred to the Office for Athletics Compliance and/or the Office of the Vice President and General Counsel.
- g. NCAA testing and subsequent sanctions are separate from testing under this policy. However, positive test results from NCAA or other outside sports testing agencies will also be treated as positive tests obtained under this policy, and may result in sanctions under this policy in addition to possible sanction from NCAA or other outside agencies.

## VII. Appeals

- a. A student-athlete may appeal a positive test to the Committee. A student-athlete may not appeal minimum sanctions imposed in accordance with section VI(d) of this Policy, but may appeal additional sanctions imposed by the Director of Athletics. All appeals concerning grant-in aid may be separately appealed through the financial aid appeals process pursuant to NCAA Bylaw 15.3.2.3.
- b. If the appeal is based on the alleged erroneous results of the "A" vial, the "B" vial must be tested before an appeal may be filed.
- c. An appeals hearing will be conducted by the Committee. Evidence of the student-athlete's drug use, and all positive test results or other documented relevant evidence will be presented to the Committee.
- d. On appeal, the student will have the burden of establishing his or her defense by a clear and convincing standard. The student-athlete may be represented by counsel but the student's attorney shall act only as an advisor to the student-athlete and may not actively participate in the appeals hearing. The student-athlete will be given an opportunity to refute the allegations, present relevant evidence to support his/her contentions, call witnesses and/or cross-examine other witnesses.
- e. The Committee will reach a decision within five (5) business days of the hearing and will notify, in writing, the student-athlete, the Team Physician, the Head Coach and the Director of Athletics of its decision. The Office for Athletics Compliance will maintain a written record of the Committee's decision, including all evidence considered.

- f. The sanctions authorized by this policy shall not be imposed until the Committee has decided any appeal by the student-athlete, the student-athlete has withdrawn the appeal in writing, or the time for the student-athlete to appeal has expired.

#### VIII. Drug Policy and Program Committee

- a. The Director of Athletics will appoint the Drug Policy and Program Committee to oversee the program established by this policy. The members of the Committee shall include an Athletics Department administrative staff member as chair of the Committee, a Faculty Athletics Committee representative, and a member of the IUPUI division of Student Affairs.
- b. The Committee will be responsible for overseeing the program established by this policy, annual review of this program, producing an annual report, and hearing and resolving student-athlete appeals as set forth in this policy.