

Staff Council Newsletter

STAFF COUNCIL. . . . YOUR VOICE!

Finding Intrinsic Value in Our Efforts

Daniel B. Griffith, Manager of Training and Organization Development, IUPUI Human Resources Administration

With significant budgetary challenges at IUPUI, we are asked to do more with less and maximize our efforts while accepting reasonable sacrifices such as flat pay adjustments. During such times, some have difficulty remaining positive and motivated while others are able to maintain good levels of commitment and effort. What's the difference?

The answer may lie in where you find your motivation for work and where you place your expectations for rewards and recognition. No one enjoys the impacts of current challenges on basic pocket book issues, but many recognize that remaining engaged and motivated does not depend on extrinsic circumstances and never did, even during the best of times. Remaining positive and motivated depends more on finding intrinsic value in our efforts.

Stephen R. Covey, author of *The 8th Habit: From Effectiveness to Greatness*, speaks of the need to engage the "whole person" at work, meaning that employees want to be fully engaged through their body, mind, heart and spirit. There is no question that supporting the "body" by helping employees earn a good living is one factor in motivation and we are fortunate to work in an institution that is managing budgetary challenges without widespread job loss. Yet, it is equally important to engage the "mind" through creative work, the "heart" through supportive work environments and positive working relationships, and the "spirit" through meaningful work that contributes to broader goals of the institution and the community.

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- *Going Green at IUPUI! (Deadlines involved)*

FACEBOOK

Join the IUPUI Staff Council Group on Facebook to keep up-to-date on the latest topics and events impacting IUPUI Staff. IUPUI Staff Council . . . YOUR VOICE!

<http://www.facebook.com/home.php#/group.php?gid=55001742139&ref=ts>

You must be a member of Facebook first, and then subscribe to the link above.

Hold the Date!

The 2nd Annual Staff Council Fine Arts and Crafts Fair will be held on October 30 in the Campus Center. FMI contact Teresa McCurry (tmccurry@iupui.edu) or Deanna Hart (delhart@iupui.edu).

Finding Intrinsic Value in Our Efforts (Continued)

If your “whole person” is not being tapped into, consider first whether you are waiting for others to recognize your needs or instead have sought to proactively engage in conversations with your manager and others to identify ways to make work more engaging. Consider these questions:

Can the content of my job be further enriched? Are there opportunities for cross training, job shadowing or other activities so I can learn from others and perhaps accept other duties? Can I use my expertise to teach others? Can I participate in reasonably priced training sessions or on-line webinars that support learning?

Are there opportunities to collaborate with others? Can we become more efficient by collaborating in ways that maximize team members’ strengths? Are there opportunities to work with other departments in our area or across campus that will prove mutually beneficial? If I am a one-person operation, can I leave my desk to “stretch” – literally to interact daily with colleagues or more meaningfully by accepting assignments that require collaboration?

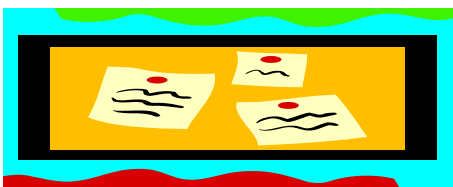
Can I have more choice regarding my work? Am I empowered to make decisions? Have I empowered myself to make decisions or do I depend on my manager to direct my work? If I am micromanaged, how can I prove that such scrutiny is unnecessary? If my manager does not delegate effectively, how can I encourage her to delegate more?

If you’d like more information about employee engagement, assistance with having appropriate conversations with your manager on such matters, or support in exploring such questions within your department, please contact HRA Training and Organization Development at 4-4438 or hratrng@iupui.edu.

CAN THE CONTENT OF MY JOB BE FURTHER ENRICHED?

ARE THERE OPPORTUNITIES TO COLLABORATE WITH OTHERS?

CAN I HAVE MORE CHOICE REGARDING MY WORK?



FLYERS

[Lunch 'N Learn Workshop: Adoption: Hear from Those Who've Done it](#)
[Zonta Club of Indianapolis: Women Scholars Book Award](#) and [Application](#)
[Mini Medical School](#)
[3rd Annual Cesar Chavez Dinner](#), [Award Nomination](#), [Sponsorship Form](#)



Going Green at IUPUI!

Greening IUPUI Grant Fund

- IUPUI is providing up to \$50,000 annually to fund student, faculty and staff led initiatives which will "green" IUPUI by advancing the Sustainability Principles. The Greening IUPUI Fund will be used to put on conferences, conduct research, provide education and training, and provide funding for new programs and projects.
- **Deadline: February 28, 2010**
- Application: www.sustainable.iupui.edu

GO FOR THE GREEN!

- As part of this year's Common Theme, "Consuming Well for the Wealth of Communities, from IUPUI to the World," all IUPUI students and staff are invited to propose a logo and/or slogan to promote IUPUI's Sustainability Initiative.
- **Deadline: March 30, 2010**
- Awards: \$500 for top logo proposal and \$250 for runner-up proposal. \$300 for top slogan proposal and \$150 for runner-up proposal. If a team of students or staff wins, the prize will be divided among the team.
- Application: http://www.iupui.edu/common_theme/Get_engaged/Contests/goforgreen.html

Common Green Contest

- As part of this year's Common Theme, "Consuming Well for the Wealth of Communities, from IUPUI to the World," all IUPUI students and staff are invited to propose new practices to help make our campus more environmentally sustainable. A greener, more efficient campus benefits all of us.
- **Deadline: April 1, 2010 (spring semester)**
- Awards: \$600 for top student proposal, \$400 for runner-up student proposal, and \$400 for top staff proposal, with three awards given fall and spring semesters. If a team of students or staff wins, the prize will be divided among the team.
- Application: http://www.iupui.edu/common_theme/Get_engaged/Contests/green.html



This April, Staff Council and Indiana Blood Center will be hosting another **Spring into Life** blood drive on campus. The event will take place at the Campus Center and the Medical Science Building. All students, staff, and faculty are

Saving a life by donating blood is the single most selfless act one can do. Please support Indiana Blood Center, our local blood bank, so that our Indiana hospitals have the supply they need. Indiana Blood Center is a vital link in Indiana's health care infrastructure and must collect more than 550 units of blood every day to support over 60 Indiana hospitals. The nonprofit community service organization was founded in 1952 to provide a continuous, safe and adequate supply of blood products and testing services to the people in Indiana. Visit www.indianablood.org for more information.

To see exactly how your donation can help, see <http://www.indianablood.org/donating/Stories/Pages/default.aspx>. Questions? Email Magon Works at mtworks@indianablood.org.



Dear Colleagues,

You may know that one in eight women will be stricken with breast cancer in her lifetime. What you may not know is that you can help these women and thousands of others in the fight against breast cancer.

On April 17, 2010, we will be participating in the Komen Indianapolis Race for the Cure with a great team of dedicated people. **Join the fight by registering as part of our team or by supporting our efforts with a pledge contribution.** The money raised through the Race will fund vital education, screening and treatment programs for underserved women in our own community and support the national search for a cure.

Each IUPUI Team member will receive a tee-shirt from the Race for the Cure and will also receive an IUPUI Team Jaguars tee-shirt.

If you would like to join us, please register by **Friday, March 29, 2010.** (Please note: All participants must register online. Also, we are not able to accept late registrations.)

We need your support! Every step counts! We will have a small but “yummy” treat for any Staff Council member registering for the race or making a donation before our next Staff Council Meeting on February 17, 2010!

Thank you for helping us make an impact!

[Click here to view the IUPUI Staff Council Team Page!](#)

Thank you,

Ali Godby-Scwab, Co-Captain
Patti Holt, Co-Captain

NOW SERVING: A Taste of Philly Pretzels



A Taste of Philly Pretzel Bakery is a favorite on the north side of Indianapolis and you can now purchase their delicious pretzels right here at IUPUI. Available at Outtakes in the Campus Center, A Taste of Philly will be selling their products beginning February 15.





Cutting Edge Lecture Series

The community is invited to attend the IUPUI Cutting Edge Lecture Series. The series of outstanding lectures is designed to promote thinking and discussion across disciplinary boundaries, which by title and content encourages attendance and interactions among faculty, staff and students from across the campus as well as people in the community.

Join us for the next lecture, "**Human rights, health, international trade, and slavery – Lessons from hurricane Katrina**" presented by **George E. Edwards**, from the Program in International Human Rights Law. It will be held Wednesday **February 24th** at **4:30** in the **Lilly Auditorium** University Library.



The pharmacies located in Riley, University Hospital, Methodist and the IU Simon Cancer Center are **now accepting Jagtag as payment!**

Clarian's network of pharmacies offer the ease of "one-stop" shopping with services such as:

- Same day prescription filling
- Refill prescriptions 24-hours a day online, fax, or phone
- Easy prescription transfers
- Various over-the-counter medications and supplies
- In-depth counseling on medications and healthy lifestyles
- Medication monitoring
- Medical device education
- Medication compounding (at select locations)
- Acceptance of most prescription insurance plans & programs
- Acceptance of Jagtag

For more information on these Clarian Prescription Centers search "pharmacy" at www.clarian.org.



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**Want a degree with IMPACT?
Can you be a Mentor?
Sign up to be an Alumni Career Mentor
Alumni Mentor Database**

REAL Career Information • REAL Experiences • REAL People

Remember when you first started college? Think back to the variety of majors and career ideas you had. Would it have been beneficial for you to talk to someone in the real world who was actually in the field you were considering?

That is exactly why we created the Alumni Mentor Database to give our students access to professionals who have been there before. By being available as a mentor in the database you can give your insight into how you transferred from the role of student to professional as well as what it takes to be successful in the industry in which you work.

As an **Alumni Mentor** you can choose which of the following activities you would like to participate in:

- **Working with students to see the connection between major and career field**
- **Employer Information**
- **Externship Opportunity – a week long opportunity to interact with the alum at their place of employment**
- **Internship Opportunity**
- **Informational Interview**
- **Industry Information**
- **Job Shadowing**
- **Resume Review**
- **Tips for interviewing**
- **Tips for job searching**

You determine your level of commitment.

For more information, visit www.JagJobs.org. Or contact Angie Carlen, Experiential Learning Coordinator; 317-278-8630; acarlen@iupui.edu

Angie Carlen gave a presentation on being an Alumni Career Mentor at the January Staff Council Meeting. If you, or someone you know, can be a mentor, please contact Angie. She would also be happy to help you find a mentor if you one yourself!

Source: www.JagJobs.org

LGBT Awareness at IUPUI Mini-Grants

The Lesbian, Gay, Bisexual, and Transgender Faculty/Staff Council at IUPUI is awarding multiple \$500 mini grants to faculty, **staff**, and students who wish to promote or enhance knowledge, tolerance, sensitivity, and/or develop understanding of GLBT issues and/or the GLBT community through the development of co-curricular academic programming. For more information, a copy of the grant application, or to learn how to join our list serve please email Jayme Little at jtlittle@iupui.edu.



Staff Council Meeting Dates

September 16, 2009 · 3:00 p.m. · Ruth Lilly Learning Center (Riley Outpatient Clinic)

October 21, 2009 · 3:00 p.m. · Ruth Lilly Learning Center (Riley Outpatient Clinic)

November 18, 2009 · 3:00 p.m. · Campus Center, Room 409

December 16, 2009 · 3:00 p.m. · Center for Young Children

January 20, 2010 · 3:00 p.m. · Campus Center, Room 405

February 17, 2010 · 3:00 p.m. · Campus Center, Room 409

March 17, 2010 · 3:00 p.m. · Campus Center, Room 409

April 21, 2010 · 3:00 p.m. · Campus Center, Room 405

May 19, 2010 · 3:00 p.m. · Campus Center, Room 409

June 16, 2010 · 3:00 p.m. · Campus Center, Room 405

Staff Council Awards and Scholarships

There are no awards or scholarships open at this time.

Events

March 6, 2010

7:30 a.m. – 2:30 p.m.

Food for Thought - Local Food. Global Impact.

*University Place Conference Center and Hotel
Indianapolis*

TIME SENSITIVE

Inspired by IUPUI's inaugural Common Theme book, *Deep Economy* by Bill McKibben, and the 2010 Spirit & Place theme, a distinguished panel of faculty and local experts will explore how and why we consume food – its sources, quality, culture, and markets and the consequences of our consumption on our local and worldwide community. Join thought provoking discussions and be prepared to challenge your current way of thinking while joining fellow alumni and friends who share your passion for learning and engagement. The price is \$35 and includes continental breakfast and lunch (\$25 for current students and members of the IU or Purdue Alumni Associations). You may view the schedule for the day and register online at www.myiupui.com/food.

Please register by February 26, 2010. Contact Kimberly Helton at 317-274-8905 or kdhelton@iupui.edu if you have any questions.

The Staff Council Newsletter is published every Friday. Articles or items for inclusion may be submitted to Karen Lee at klee2@iupui.edu. Deadline for submission is Thursday at 5:00 p.m. Let's spread the word about Staff Council! Permission is not needed to forward the Newsletter to others.

IUPUI Staff Council ~ <http://www.iupui.edu/~scouncil>
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Karen Lee

Editor

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