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## About: Story Archives - January 1, 2007-December 31, 2007

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### **Dec 26 - Doc Bowen Receives Highest Honor from the AAFP**

Reprinted with permission from *Frontline* (Winter 2007), [Indiana American Academy of Family Physicians](#)

During the October 3, 2007 Congress of Delegates meeting of the American Academy of Family Physicians (AAFP), Otis Bowen, MD, received the John G. Walsh Award for Lifetime Contributions to Family Medicine. Established in 1973, the Walsh Award is one of the highest honors bestowed by the AAFP. The award recognizes long-term commitment and dedicated leadership toward furthering the development of family medicine. The Walsh Award is not an annual award and is only given at the discretion of the AAFP Board of Directors.

Bowen is affectionately known around Indiana as "Doc." He attended Indiana University for undergraduate and medical school. After completing medical school, Bowen did an internship at South Bend Memorial Hospital. He joined the Army in 1943 and served in the U.S. Army Medical Corps during World War II. After returning from the war, he set up his medical practice in his hometown of Bremen, Indiana. Doc got interested in local politics and became the coroner for Marshall County. He was elected to the Indiana House of Representatives in 1956. Back then, the House only met for 60 days a year, so he was able to spend most of his time in his practice. In 1965, Bowen became minority leader and then speaker in 1967. He was elected governor of Indiana in 1972. That same year, voters ratified a constitutional amendment allowing the governor to serve successive terms, and he won re-election in 1976.

After serving his final term as governor, Doc came to the Indiana University School of Medicine and became what we now call the "Pre-Doc" director of the Department of Family Medicine. One fateful day at IU, he received a call from then-President Ronald Reagan asking him to consider becoming the secretary of Health and Human Services. He became the first physician to serve in that position. In 1989, he retired and returned to Bremen.

Dr. Bowen remains an ongoing advocate for family medicine. He lent his name to the Otis Bowen Research Center in the Department of Family Medicine. The center is the research arm of the Department of Family Medicine and is dedicated to his commitment to improving the health of the citizens of Indiana. Doc continues to come to events that honor medical students who have been chosen as Bowen Scholars. In 2000, he wrote *Doc: A Life in Public Service* (IU Press 2000).

Many of the family physicians attending the AAFP Scientific Assembly attended a special reception for him sponsored by the IAFP and the Department of Family Medicine. Dr. Bowen gave a short speech and talked to everyone in attendance. Congratulations from all the family doctors in the state, Doc, on this well-deserved award.

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### **Nov 26 - Indianapolis Monthly Lists Top Docs**

The November issue of *Indianapolis Monthly* magazine includes a list of the city's best physicians in 44 specialties, according to a Castle Connolly national survey of physicians and researchers. This is the first year that *Indianapolis Monthly* has contracted with Castle Connolly, which annually publishes the guide "America's Top Doctors," to compile the referral list.

From the Department of Family Medicine, Douglas B. McKeag, MD, MS, FASCM, OneAmerica Professor of Preventive Health Medicine; Chair, Department of Family Medicine; and Director IU Center for Sports Medicine was selected for Sports Medicine and Peter Nalin, M.D., FAAFP, Associate Professor of Clinical Family Medicine and Associate Dean for Graduate Medical Education was selected for Family Medicine.

The complete Indiana University School of Medicine faculty list:

- Sharon Andreoli, MD
- Matthew Johnson, MD
- Douglas Rex, MD
- Jeffrey Anglen, MD
- Young-Jee Kim, MD
- Richard Rink, MD
- Dennis Blom, MD
- Debra Kirkpatrick, MD
- Karen Roos, MD
- Margaret Blythe, MD
- Martin Kleiman, MD
- Scott Shapiro, MD
- Suzanne Bowyer, MD
- Michael Koch, MD
- Stuart Sherman, MD
- John Brown, MD
- Michael Kraus, MD
- George Sledge Jr., MD
- Marilyn Bull, MD
- Paul Kwo, MD
- Rajiv Sood, MD
- Randall Caldwell, MD
- Frederick Leickly, MD
- Frederick Stehman, MD

- John Christenson, MD
- Keith Lillemoe, MD
- Sarah Stelzner, MD
- John Coleman, MD
- Peter Marcus, MD
- Joseph Tector, MD
- Michael Econs, MD
- Christopher McDougale, MD
- Rosa Ten, MD
- James Edmondson, MD
- Douglas McKeag, MD
- Patricia Treadwell, MD
- Lawrence Einhorn, MD
- Alexander Mih, MD
- Mark Turrentine, MD
- Erica Eugster, MD
- Richard Miyamoto, MD
- Terry Vik, MD
- Robert Fallon, MD
- Jean Molleston, MD
- Elisabeth von der Lohe, MD
- Martin Farlow, MD
- Peter Nalin, MD
- Edward Weisberger, MD
- Richard Foster, MD
- Paul Nelson, MD
- Eric Williams, MD
- Dennis Fotenberry, MD
- John Nurnberger Jr., MD
- Robert Yee, MD
- Robert Goulet, Jr., MD
- Robert Pascuzzi, MD
- Ann Zerr, MD
- Robert Havlik, MD
- David Plager, MD
- Valerie Jackson, MD
- Frederick Rescorla, MD

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## **Nov 16 - *Sound Medicine* Honored by Indiana Broadcasters Association**

INDIANAPOLIS – *Sound Medicine* has been awarded a Spectrum Award by the Indiana Broadcasters Association. The program was recognized as the “Best Special Interest and Cultural Program” in the non-commercial radio division.

*Sound Medicine*, a medical and health news program co-produced by the Indiana University School of Medicine and WFYI Public Radio (90.1 FM), is a weekly, hour-long program that explores the impact of medical research on health care and what scientists are learning about diseases and wellbeing.

The program is hosted by Indiana broadcast veteran Barbara Lewis, a former anchor and reporter for Indianapolis’ ABC affiliate. Currently, Lewis also reports on life science business stories for the syndicated *Inside Indiana Business* with Gerry Dick television series, which airs on commercial and public television stations throughout Indiana.

Five faculty members from the IU School of Medicine rotate weekly as co-hosts for *Sound Medicine* and a special monthly segment of the program, *Sound Ethics*.

Now in its seventh season, *Sound Medicine* is broadcasted each week by Indiana Public Radio Stations in Anderson, Bloomington, Columbus, Crawfordsville, Elkhart, Evansville, Fort Wayne, Franklin, Hagerstown, Indianapolis, Kokomo, Lafayette, Marion, Muncie, New Castle, Portland, Terre Haute and Sound Bend. The program and its archived editions also can be heard online at [www.soundmedicine.iu.edu](http://www.soundmedicine.iu.edu).

*Sound Medicine* is underwritten by the Lilly Clinic, Clarian Health, IU Medical Group and IUPUI.

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## **Nov 5 - Annual Westside Health Fair Success**

On Saturday, Oct. 20, the Indiana University School of Medicine Internal Medicine Student Interest Group, Wishard Health Services and WTHR Channel 13, hosted the 10th annual Westside Family Health Fair, a Health Beat Health Fair, at Westside Community Health Center, 2732 W. Michigan Street. The free health fair, which is organized by School of Medicine students, was open to the entire community from 9 a.m. to 1 p.m.

In addition to the fair, free health screenings and flu shots, a town hall meeting were held during the event with a panel of community leaders and local physicians discussing and answering health-care related questions. The discussion focused on healthcare access with a focus on Medicare, Medicaid and Wishard Advantage. Following the town hall meeting, there was a half-hour question and answer session for Spanish speaking patients.

## **Oct 15 - Annual Syndromic Surveillance Conference at Indy in October**

Shaun Grannis, MD, Assistant Professor of Family Medicine, in combination with the Regenstrief Institute hosted the 6th Annual Syndromic Surveillance Conference at the Westin Indianapolis Hotel on Oct. 11-12, 2007.

The annual conference of the International Society for Disease Surveillance built upon prior conference themes by exploring innovative and non-traditional approaches to using syndromic surveillance data (e.g non-infectious, environmental, chronic disease, health promotion).

The conference featured plenary sessions and concurrent interactive tracks on five topics including novel applications, automated data acquisition and processing, analytical methods, public health practice and evaluation and performance.

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## **Sept 22 - This Week on *Sound Medicine*...September 24**

Tune in at 2 p.m. Sunday, September 24, to *Sound Medicine*, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis.

This week, *Sound Medicine* will explore the options available through Patient Navigator Services, a company that works one-on-one with patients and families facing illness or catastrophic injury, identifying where help is needed and then guiding those families and patients through the health care and insurance system.

Also, guests will discuss the effectiveness of an over-the-counter weight-loss medication, an investigational implant to prevent corneal transplant rejection and IUSM family medicine practitioner Javier Sevilla Martir, MD, will discuss a study he completed on the frequency of herbal remedies used by Latinos and their reluctance to mention that use to American physicians.

IUSM breast cancer specialist Kathy Miller, MD, will discuss the pros and cons of American ginseng, a species of plant often promoted as nature's soothing balm, which some believe decreases fatigue associated with cancer therapy.

Archived editions of *Sound Medicine* as well as other helpful information can be found at [www.soundmedicine.iu.edu/](http://www.soundmedicine.iu.edu/). *Sound Medicine* is underwritten by the Lilly Clinic, Clarian Health, and IU Medical Group; Jeremy Shere's "Check-Up" is underwritten by IUPUI.

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## **Aug 3 - Evansville, Elkhart Radio Stations to Air *Sound Medicine***

*Sound Medicine*, a weekly health news magazine, expands its Indiana audience this Saturday, August 4, 2007 when WNIN-FM in Evansville and WVPE-FM in Elkhart begin airing the program.

Both stations are affiliated with National Public Radio and join WFYI-FM90.1 in Indianapolis, WFIU-FM in Bloomington, WBOI-FM in South Bend, WCRD-FM in Muncie and WETL-FM in Elkhart in airing the program. *Sound Medicine* also airs in several other markets through these stations' agreements with WBSB in Anderson, WNDY in Crawfordville, WFCI in Franklin, WBSH in Hagerstown/New Castle, and WBSW in Marion and WBSJ in Portland, Indiana.

This week's program is unique; the full hour is dedicated to examining the ethical questions involved in pediatric medical research, specifically in the United States and Australia. Fiona Stanley, M.D., director of the Telethon Institute for Child Health Research and a professor in the School of Pediatrics and Child Health at the University of Western Australia, joins Steve Downs, M.D., associate professor of pediatrics and the Jean and Jerry Bepko Scholar at the Indiana University School of Medicine, and Eric Meslin, Ph.D., associate dean of bioethics at IU School of Medicine and director of the IU Center on Bioethics, for the discussion.

Each week, *Sound Medicine*'s host Barbara Lewis covers the latest developments in medical science, ways to improve personal health and behind the scenes perspectives on the business of medicine. A veteran broadcast journalist in television and radio, Lewis is a former anchor/reporter for WRTV in Indianapolis. Currently, she reports on health business news for Inside Indiana Business with Gerry Dick, which airs on WFYI public television and WISH-TV.

An archive of past programs, access to podcasts and a listing of stations airing *Sound Medicine* can be found at [www.soundmedicine.iu.edu/](http://www.soundmedicine.iu.edu/).

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## **Jul 26 - Indiana Primary Care Scholars Consortium Presented with *Excellence in Education Award***

Indiana—The Primary Care Scholars Consortium, created in 1999, is a statewide program coordinated by the Indiana University School of Medicine, Department of Family Medicine in partnership with Union Hospital's Richard G. Lugar Center for Rural Health. Other partners include: Deaconess Hospital Family Medicine Residency Program, Fort Wayne Medical Education Program, Indiana Academy of Family Physicians Foundation, IUSM Primary Care Scholars' Program, and St. Joseph Regional Medical Center Family Medicine Residency. The program is designed to result in an increase in the number of primary care physicians in rural and other underserved areas of Indiana. Toward this end, the Consortium offers high quality, service-linked training opportunities each summer to first year medical students. This summer, approximately 30 medical students are spending eight-weeks experiencing first hand what it is like to practice medicine in these rural and underserved urban communities.

National and state research indicate that early and frequent exposure to primary care and underserved populations is essential in the development of future primary care providers and their choice to practice in rural and urban underserved communities. Indiana, like all other states in the nation, is woefully short of primary care providers in these underserved areas. It is therefore essential to work together to develop, implement and strengthen programming that provides students with first hand quality educational health care experiences. The Indiana Primary Care Scholars Consortium has put such programming together with help from additional partnering organizations, communities and businesses who are working together to meet the needs of our students and our state.

The Indiana Rural Health Association Excellence in Education award recognizes the Consortium's achievements to date. The award is designed to recognize an outstanding individual, organization, company, governmental unit or other entity that has contributed to the knowledge and development of our future rural health providers, communities and/or individuals. The Indiana Rural Health Association, in recognizing the Consortium's achievements, stated that the program and its staff have shown dedication to education and teaching and provided an outstanding contribution to the overall body of knowledge and programming in the area of rural health and in methodologies to better provide care and services to our rural populations.

FOR FURTHER INFORMATION PLEASE CONTACT:

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Indiana Rural Health Association  
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## **Jul 23 - Welcome IU Family Medicine Residency Class of 2010**

The IU Methodist Family Medicine Residency class of 2010 has joined the program. Incoming interns include Cynthia Ebini, MD, MHA; Saura Fortin, MD; Muneeza Khan, MBBS; Ban Kinaia, MB, ChB; Toyosi Morgan, MD, MPH, MBA; Elizabeth Muhiire-Igbanol, MD; Alisia Muñoz, MD; Angela Myers, MD; Luis Felipe Romero, MD; Arturo Salazar, MD; and Harmeet Sarao, MBBS, MPH.

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## **Jul 9 - *Sound Medicine* moves to new time on Sunday**

*Sound Medicine*, a weekly medical program feature on WFYI-FM, is moving to a new time. Effective July 1, 2007, *Sound Medicine* will air at 2 p.m. Sunday afternoons, following *Car Talk*.

Host and producer Barbara Lewis talks each week with health-care professionals about medical research and how changes in medicine and health are affecting their work and patients' lives. Interviews are complemented by insights and peer-to-peer interviews by the program's five guest hosts from the Indiana University School of Medicine.

Contributing reporter Jeremy Shere provides unique observations about medical science and health trends each week during the "Sound Medicine Check-Up," which will additionally air each Friday during the 5 p.m. drive time beginning June 15.

*Sound Medicine* is produced by the IU School of Medicine in collaboration with WFYI-FM 90.1 and airs on public radio stations throughout Indiana. It is sponsored by the IU Medical Group, Lilly Clinic and Clarian Health.

An archive of past programs, access to podcasts and a listing of stations airing *Sound Medicine* can be found at [www.soundmedicine.iu.edu/](http://www.soundmedicine.iu.edu/).

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## **Jun 5 - Second Edition Published**

The book, *ACSM's Primary Care Sports Medicine*, edited by Douglas B. McKeag, MD, MS, OneAmerica Professor of Preventive Health Medicine; Chair, Department of Family Medicine; and Director IU Center for Sports Medicine and James L. Moeller, MD, was released and received enthusiastic reception at the 2007 American College of Sports Medicine Annual Meeting in New Orleans, Louisiana on May 30, 2007.

Written and edited by internationally known experts in primary care sports medicine, this book is the most comprehensive sports medicine reference geared to primary care practitioners. It is the ideal text for physicians studying for the Certificate of Added Qualifications in Sports Medicine that is now offered in many disciplines including family practice, internal medicine, emergency medicine, pediatrics, physical medicine and rehabilitation, and osteopathic medicine.

This revised and updated Second Edition is published in association with the American College of Sports Medicine, and includes more practical information. The new, more user-friendly format features numerous illustrations, charts, and tables, including full-color illustrations.

Additionally, Kevin B. Gebke, MD, Assistant Professor of Clinical Family Medicine and Director, Primary Care Sports Medicine Fellowship; and President, UFP, Inc., authored the chapter, "Genitourinary Disorders in Athletes."

The publisher is Lippincott Williams & Wilkins, Philadelphia, Pennsylvania.

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## **Jun 1 - This Week on *Sound Medicine*...June 3, 2007**

Tune in at 4 p.m. Sunday, June 3, to *Sound Medicine*, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts for this week's program are Stephen Bogdewic, PhD, and Kathy Miller, MD.

This week, *Sound Medicine* will look at the risks and benefits of implementing an additional phase to the Food and Drug Administration approval process for new medications. David

Flockhart, MD, PhD, an IUSM pharmacogenetics researcher, and Eric Meslin, PhD, director of the IU Center for Bioethics, will discuss the concept of monitoring new drugs after they have been released on the market.

As many as 21 million Americans suffer from fibromyalgia, a chronic disease that includes widespread aches and pains, stiffness, soft tissue tenderness, general fatigue and sleep disturbance. Lynne Matalana, co-founder and president of the National Fibromyalgia Association, will discuss symptoms and warning signs as well as the on-going research being done on the mysterious disease.

Researchers at Vanderbilt University have discovered that switching repeatedly from one task to another disrupts the brain's ability to process information and slows the thought process, in turn making people more prone to make mistakes. Rene Marois, PhD, associate professor of psychology at Vanderbilt University, is the co-author of the study, and he explains why people should avoid multitasking because of the dangers it can potentially cause.

According to a large study of British women, scientists have found that women who eat a lot of meat, specifically red or processed meats, may be more likely to develop breast cancer. Kathy Miller, MD, an IU breast oncologist, discusses the results and why she tells her patients not to make red meat a staple in their diet.

The non-profit Indiana Mothers' Milk Bank is one of only ten milk banks in North America, and its only deposits are human breast milk. Sound Medicine reporter Sandy Roob recently learned about the bank and the benefits it provides to both the babies who receive the milk and the moms who donate.

Archived editions of Sound Medicine, as well as other helpful health information, can be found at [soundmedicine.iu.edu/](http://soundmedicine.iu.edu/)

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## **May 26 - Willis Named Competency 6 Director**

Deanna R. Willis, M.D., M.B.A., Assistant Professor of Family Medicine; Director of Affiliate Faculty, Department of Family Medicine; and Medical Director of Quality and Medical Management, IU Medical Group, has been named director of Competency 6, the Social and Community Contexts of Health Care.

Dr. Willis' experience in a variety of settings – from an affluent suburban private practice to an underserved inner city community health center – has enabled her to accumulate a broad repertoire of skills in the social and community contexts of medicine.

Passionate about instilling empathy in learners for patients from backgrounds and cultures dissimilar to their own, Dr. Willis has been active in curricular activities addressing healthcare disparities and underserved populations. She developed one of the first undergraduate courses at IUSM, "Service Learning in the Medical Setting for Pre-professional Students," focusing on giving students an appreciation of medicine's concern to serve the underserved and individuals from multiple cultures. Since the first offering of this course in 2003, more than 100 undergraduate students have contributed their skills to medically underserved communities.

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## **May 21 - Sevilla Selected as Trustees Teaching Award Recipient**

Javier F. Sevilla Martir, M.D., Assistant Professor of Clinical Family Medicine and Director of International Medicine and Hispanic Health, was honored as one of the recipient's of the 2007 Trustees Teaching Award. The Trustees Teaching award emphasizes an excellence in teaching can be documented through the use of teaching strategies that are based on sound pedagogical/content knowledge; and engage students through collaborative learning, service learning.

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## **May 21 - Kiovsy Selected by IUSM Students**

Richard D. Kiovsy, M.D., Professor of Clinical Family Medicine; Director, Division of Undergraduate Medical Education; and Director, Indiana Area Health Education Centers was selected by the 2007 graduating class of the Indiana University School of Medicine as one of eleven recipients of the Clinical Science Faculty Award. Dr. Kiovsy was chosen to be the top physician of the family medicine faculty at the 2007 Senior Banquet. Dr. Kiovsy was chosen last year as well.

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## **May 18 - This Week on *Sound Medicine*...May 20**

Tune in at 4 p.m. Sunday, May 20, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts of this week's program are Stephen Bogdewic, PhD and Kathy Miller, MD.

Two of Indiana's newest laws designed to streamline receipt of health-care will be discussed by Amy Peak, PharmD, assistant professor of pharmacy at Butler University. She explains how the laws, which go into effect July 1, will benefit families with busy lifestyles.

Pete Earley is a former Washington Post reporter and the author of seven works of non-fiction, including "The Hot House," "Family of Spies," and the award winning "Circumstantial Evidence." His son, Mike, suffers from mental illness. The story of their family's struggle to get psychiatric treatment was the inspiration of Earley's latest book, "Crazy: A Father's Search through America's Mental Health Madness." He talks about using his ordeal to study how the U.S. treats its severely mentally ill and whether mental health institutions are the solution.

Childhood obesity is steadily on the rise, and educators are creating new ways to teach students how to more efficiently manage their diets. National Public Radio reporter Alison Aubrey reports on a classroom teacher who uses various techniques to explain the science behind calculating calories.

A new study published in the American Journal of Clinical Nutrition suggests older women are at greater risk of developing osteoporosis if they consume too many cola-flavored soft drinks. Katherine Tucker, PhD, senior scientist and director of the Dietary Assessment and Epidemiology Research Program at Tufts University, is the author of the study and discusses the impact her research will have on the healthy well-being of older women.

The dairy industry altered its advertisement campaign this month to encourage Americans to consume more dairy products as a part of a healthy diet instead of milk only. In a recent report entitled "What America Drinks," researchers suggest empty calories in beverages contribute to the obesity problem in this country. Rachel Johnson, MPH, PhD, professor of nutrition and dean of the College of Agriculture and Life Sciences at the University of Vermont, led the research and talks about the relationship between high calorie, low-nutrient drinks like soda and the rapidly increasing obesity rate.

Archived editions of Sound Medicine, as well as other helpful health information, can be found at [soundmedicine.iu.edu/](http://soundmedicine.iu.edu/)

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## May 17 - Saywell Honored by IPHA

Robert M. Saywell, Jr., Ph.D., M.P.H., Emeritus Professor, Department of Family Medicine was honored by the Indiana Public Health Association as the recipient of their "Distinguished Service Award." The award recognizes an individual who has made significant contributions in public health for at least ten years. Additionally, this individual has displayed leadership and has impacted the careers and accomplishments of others in the field of public health.

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## May 2 - Indiana University-Methodist Family Medicine Residency 2006 Graduate Surveys

The annual survey of graduates of the IU-Methodist Family Medicine Residency program was conducted to obtain feedback on the residency curriculum and to better understand the contribution these graduates are making to society. For the 2006 survey, all individuals who attended or graduated from the Indiana University or Methodist Family Medicine residency programs prior to 2006 who were still living and for whom an address was known (n=331) were mailed the survey instrument. The survey instruments were initially mailed to the graduates in December 2005, with follow up reminders and second mailings in January and February 2006, yielding a response rate of 56%.

The survey results included practice characteristics and, for the recent graduates, feedback on the residency curriculum. Most of the graduates were American Board of Family Physicians (ABFP) certified and had hospital privileges. Over half were still practicing at their original practice location, although 60% planned to retire in the next 15 years. About half were in private practice and one-fifth were in solo practice. Most often, the graduates saw between 50 and 100 patients per week and one-half saw patients in a hospital or other institution. Typically about one-fourth of the patients belonged to a minority racial or ethnic group. Only 13% included obstetrical services in their practice. All of the recent graduates who responded indicated a need for additional training in behavioral health issues, particularly addictions medicine. A majority recommended additional training in negotiating contracts, practice management and personal financial management.

The results of the survey will be used to recruit future residents and to ensure that the residency curriculum is meeting the needs of the graduates.

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## Apr 3 - IU Programs Ranked by U.S. News

Several Indiana University graduate programs, particularly involved in the state's health and life science efforts, education and business, are ranked among the best in the latest edition of U.S. News & World Report's "America's Best Graduate Schools."

Primary Care programs at Indiana University School of Medicine saw a significant improvement in U.S. News' Medical Schools, Primary Care ranking, moving from 33rd a year ago to 16th, and its research ranking improved to 44th.

The School of Nursing was ranked 15th and had two top 10 clinical nursing specialties -- adult medical-surgery, which was third, and psychiatric health, sixth.

The full rankings by U.S. News & World Report were released to the public on Monday, April 2, in the book America's Best Graduate Schools, and many of the rankings will appear in the magazine's issue that will go on sale that day.

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## Mar 20 - Dr. Zollinger Receives "Minority Health Knowledge Award"

Terrell W. Zollinger, Dr.P.H., Professor, IU School of Medicine and Associate Director, Bowen Research Center was presented the "Minority Health Knowledge Award" by The Minority Health Coalition of Marion County, Inc. Dr. Zollinger was honored for his continued research of health disparities in the Greater Indianapolis/Marion County minority populations.

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## Mar 10 - "Global Health Honduras" presentation from AAFP International Conference Now Available On-line

"Global Health Honduras," a presentation given by Javier F. Sevilla Martir, MD and Gaylen M. Kelton, MD at the American Academy of Family Physicians (AAFP) International Meeting is now available on-line. The resource can be downloaded from the Family Medicine Digital Resources Library directly at <http://www.fmdrl.org/1020>.

Abstract:

*The Department of Family Medicine at Indiana University School of Medicine participates in international medical education and fosters global health by offering clinical, service and research experiences for medical students and residents in Honduras. This program seeks to improve quality of life especially for the elderly and children under five in rural underserved areas. Both groups are at risk for malnutrition, anemia and other illnesses accompanying extreme poverty.*

*There are three components; an exchange elective for undergraduate and graduate students and residents, family medicine clerkship and residency development consultation, and a medical equipment and supply relocation program. This program prepares participants for encounters with the growing Hispanic/Latino community in the US, through cultural and health care immersion both here and in Honduras.*

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## Mar 10 - Dr. Fischer, First Chair of Department of Family Medicine Passed Away

A. Alan Fischer MD, a nationally known family physician, passed away at 5:10 a.m. on Thursday March 9, 2007 at 80 years of age in the loving arms of his wife and children.

Born on June 20, 1926 to Lida O. and Albert G. Fischer, he was a 1944 graduate of Washington High School and he served in the US Army Air Force during World War II, which he entered after already being an accomplished pilot. He learned to fly at a young age and was a private pilot throughout his life. Dr. Fischer met and married his wife, Beverly, while they were both attending Indiana University, and he went on to graduate from Indiana University School of Medicine. Dr. Fischer went into full time private family practice from 1952-

1971.

In 1971, Dr. Fischer took a virtually non-existent Family Practice Program at IU Medical School and developed it into the Medical School's first Family Practice Residency program. In 1974, the Department of Family Medicine was established and Dr. Fischer was named chairman. He served as chairman for 14 years and while there he helped develop programs taught during the first two years of medical school and recruited hundreds of family physicians to teach fourth year medical students. He was also an advisor and counselor to medical students and helped them form and achieve their career goals.

Dr. Fischer spent seven years in the 1960s, per request of Governor Matthew Welsh, cleaning up the licensure of the Indiana State Board of Beauty Culturists. For that he received the first of his many Sagamore of the Wabash awards.

In 1971 Dr. Fischer was the first physician in Indiana appointed to the National Academy of Sciences, Institute of Medicine in Washington, D.C. He was on the Biomedical Ethics Advisory Committee Member in the U.S. Congress in 1987, he held many officiating positions in the American Academy of Family Physicians, and he was on the Board of Directors of the American Heart Association. He was a member and past president of the Westside Optimist Club, and had many other national, state, and county honors and affiliations.

In 1984, the Indiana Academy of Family Physicians established the A. Alan Fischer, MD Award; it was designed to "recognize members who in the opinion of the Board of Directors of the IAFP have made outstanding contributions to education for family medicine, in undergraduate, graduate and continuing education spheres." Dr. Fischer was also published several times in medical literature.

Dr. Fischer retired from IU in 1991 and continued to serve as Medical Director and Staff Physician at Lakeview Manor Nursing Home until he retired in May 2001. He was awarded Medical Director Emeritus. On March 20, 2002 Dr. Fischer was presented with a Certificate of Distinction for 50 years in the practice of medicine in recognition of his "unselfish devotion to patients and loyalty to the medical profession."

During his retirement, Dr. Fischer remained active with the IAFP and National Academy Sciences. He loved life with his wife, children, grandchildren, and close friends. He enjoyed nature, traveling around Indiana, and his many pets.

Surviving Dr. Fischer is his wife, Beverly and their four children and six grandchildren. They are Steve Fischer MD (Patti) and their children Scott, Amy, and Brad; Karen (Steve) Callaway; Mark Fischer; and Diane (Ron) Rogers and their children Allison, Kelli, and David.

Visitations will be at Crown Hill Funeral Home on 38th Street on Monday March 12, 2007 from 4-8:00 pm. Funeral services will be Tuesday, March 12, 2007 at 11:00 am with one hour visitation prior to service. Internment will follow the service at the Crown Hill Mausoleum. Services will be officiated by Reverend Gretchen Schneider from St. Andrew Presbyterian Church. In lieu of flowers, contributions should be made to IU School of Medicine in honor of A. Alan Fischer MD.

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## **Feb 26 - Agbor-Baiyee Honored by Indiana Area Health Education Centers Program Office**

At its February 2007 meeting, the Indiana Area Health Education Centers (AHEC) Program's Diversity Committee recognized William Agbor-Baiyee for his service as inaugural chair of the committee from 2001-2006. Created to assist the Indiana AHEC program in accomplishing its goals related to increasing the diversity and cultural competence of Indiana's health workforce, the Diversity Committee assists the AHEC program's community-based and statewide staff with strategic planning, evaluation, and partnership development.

Dr. Agbor-Baiyee participated in the late 1990s with Indiana AHEC founding director Stephen J. Jay, M.D., in planning the launch of the Indiana AHEC Program. As chair of the committee Dr. Agbor-Baiyee guided the Diversity Committee's early development and its later role in shaping projects such as "PROMiSE: Partners Recruiting Opportunities for Minority Student Education," a five-year project designed to boost the interest and intent of racial/ethnic minority high school students in Indiana in health careers. The project is a joint project of Indiana State Department of Health's Office of Minority Health, Indiana AHEC Program, and Indiana Minority Health Coalition.

Dr. Agbor-Baiyee is succeeded as chair of the Indiana AHEC Program Diversity Committee by Yvette Spicer, project director of Indiana Cares, a statewide initiative at Ivy Tech Community College promoting job-training for the high-growth healthcare industry.

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## **Feb 12 - Kongs Awarded ADFM Fellowship**

Jeffrey Kongs, M.D., Assistant Professor of Clinical Family Medicine, has been accepted into the 2007 Association of Departments of Family Medicine (ADFM) Fellowship Program. This is the fourth year of the ADFM fellowship and the third consecutive year that an Indiana University Department of Family Medicine physician has been chosen.

The purpose of the ADFM is to promote the philosophy and interests of family medicine in medical schools in the United States, to further the efficient and effective administration and operation of academic departments, divisions, and sections of family medicine for the benefit of society, faculty, students, and institutions, and to support research and scholarship within activities in family medicine in United States medical schools.

Dr. Kongs' participation in the upcoming 2007 Winter meeting, in Savannah Georgia, will constitute his fellowship activities.

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## **Jan 31 - Indiana University and the Global Health Honduras Project**

*Indiana University medical students experience cultural immersion in Honduras to be better prepared to treat growing Hispanic population.*

From 1990-2000, Indiana's population grew by 9.7%; the Hispanic community grew by 117% and continued at a rate of 12% from 2000-2003. Indiana's Hispanic population is rising; if the state continues to mirror national trends, there is no slowdown in sight. With these skyrocketing statistics, many question if Indiana can meet the demands of this growing community, particularly in the health care delivery system. In 2003, the Indiana University Department of Family Medicine (the Department) began to explore ways to address medical education issues brought about by the significant growth of Indiana's Hispanic population.

The Department's Hispanic Health Initiative meets this demand by improving health issues and eliminating health disparities facing Indiana's Hispanic population. The Hispanic Health Initiative combines a systematic and methodical offering of educational, clinical, linguistic, service and research training and activities focused on medical students, public health students, and primary care residents.

The Department created the Global Health Honduras Project in 2003 to expand and diversify medical education under the department's Hispanic Health Initiative. Global Health

Honduras Project is a partnership between the Department and the Honduran medical school located in Tegucigalpa. This new exchange program allows students at Indiana University to broaden cross cultural medical and global health experience by spending one month in Honduras.

Once a year students participate in a 4-week elective in Honduras where they work on a week-long medical brigade, rotate in local hospitals and clinics, practice Spanish and learn life in a developing country by living with host families. Additionally, during the first week of the rotation, others travel to Honduras to participate with the medical students in a one-week medical brigade and public health intervention. A group of 21 will be going to Honduras on February 1 to participate in the medical brigade and public health intervention.

For the medical brigade, Indiana University Department of Family Medicine faculty Javier F. Sevilla Martir, MD and Scott Renshaw, MD will be leading Indiana University School of Medicine students Melissa Bender, MS-IV; Anna Gensic, MS-IV; Tricia Kurtz, MS-IV; Audrey Wehr, MS-IV; Kristi Reiniker, MS-IV; Domingo Maynes, MS-IV; Sarah Lantz, MS-III; and Felipe Sobral, MSIII. Jennifer Custer, Program Manager at the Indiana University Department of Family Medicine will be leading four community volunteers Bob Custer, Kevin Rose, Steven Jeffries, and Cindy Haskell. They will see approximately 500 Hondurans as they travel to five different communities. The brigade will focus on the high risk population, children 5 years and under and adults 60 and over, however they will see and treat all.

The public health intervention will be led by Joan Henkle, PhD, Indiana University Department of Public Health along with three Master of Public Health students Lynette Schrowe, Liz Emery, and Christina Mandzuk. During the week they will focus in one community where previous medical brigades have found a higher than normal incidence of asthma, chronic obstructive pulmonary disease (COPD), emphysema and other pulmonary problems. Because this community is smoke-free, Dr. Henkle and her students will be performing indoor air quality assessments of the homes and providing lung capacity tests. It is believed that the method of cooking, using open-flame wood burning inside the home (with no chimneys or ventilation) is the cause of the problem. A related story can be found on page 6 of the Department of Public Health's Spring 2007 newsletter.

To date, 21 medical students, 7 master in public health students, 1 master in health sciences student, 1 public health faculty, 1 family practice resident, and 6 family medicine faculty have participated.

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## **Jan 22 - Walker Named New Director of Finance**

Andrew Walker, M.B.A., has been named Director of Finance for the Department of Family Medicine. Andy has his M.B.A. from Butler University with a concentration in Finance. He received his B.S. from Indiana University, Bloomington in Economics with a minor in History. Prior to joining the Department of Family Medicine, Andy was with Anthem for six years. Previously, Andy managed the marketing department at Symons International and supervised an accounting unit at Conseco. Also, he spent six years in sales after completing college. He has certification in project management and significant experience in database management.

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## **Jan 19 - This Week on *Sound Medicine*...January 21**

Tune in at 4 p.m. Sunday, Jan. 21, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-host of this week's program is Stephen Bogdewic, PhD.

This week, James Buechler, MD, director emeritus of the Richard G. Lugar Center for Rural Health, will address the many challenges facing rural health clinics. Sound Medicine reporter Jeremy Shere will visit one of the clinics and share his observations of the doctors and patients, many of who rely solely on these federal- and state-funded health-care services.

Privileged Presence: Personal Stories of Connections in Health Care is a book of real-world experiences from individuals who felt alienated by hospital staff and proposes recommendations for physicians to develop a more personal relationship with their patients. Co-authors Beverly Johnson and Elizabeth Crocker, president and vice president of the Institute for Family-Centered Care, respectively, discuss their book and share their thoughts on the solutions.

Addressing an issue that many in the sandwich generation face is Heydon Buchanan, who served as his mother's primary care-giver for more than a decade until the responsibility became too overwhelming. In his essay, he talks about the decision to place her in a hospice service and urges others to consider the option sooner rather than later.

Alaska Public Radio reporter Rebecca Sheir encourages individuals not to use the wintry weather as a reason to slow their exercise routine.

Archived editions of Sound Medicine, as well as other helpful health information, can be found at [soundmedicine.iu.edu/](http://soundmedicine.iu.edu/)

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## **Jan 12 - This Week on *Sound Medicine*...January 14**

Tune in at 4 p.m. Sunday, Jan. 14, to Sound Medicine, the weekly radio program co-produced by IUSM and WFYI Public Radio (90.1 FM) in Indianapolis. The program is hosted by Barb Lewis. Co-hosts of this week's program are David Crabb, MD, and Stephen Bogdewic, PhD.

This week, Joe McCannon, vice president of the Institute for Healthcare Improvement, will discuss the 5 Million Lives Campaign and its goal to reduce the rate of medical mistakes in U.S. hospitals.

Contributing reporter Allan Coukell talks with Meghan Dierks, MD, director of clinical systems analysis at Beth Israel Deaconess Medical Center, about the possibilities of making medical staff and their environment safer and more efficient.

A drug-coated stent is a popular medical device used by an estimated 3 million Americans to open clogged arteries. This month, an FDA advisory panel will determine whether these stents produce an increased risk of heart attack, death or blood clots. The results may implement new safety rules and how the stents are labeled. Ed Harlamert, director of research at the Indiana Heart Hospital, explains the implications.

A new initiative underway at IUSM, "Partnerships for Change: Putting the Puzzle Together," is teaming pediatric residents, and residents and students from the IU schools of dentistry and nursing with community service organizations to emphasize a more family-centered and community-based approach. One of the initiative's leaders, Steven Downs, MD, IU associate professor of pediatrics, discusses how young patients will benefit from the collaboration.

A school nurse is often forced to juggle multiple medical demands requiring not only medical knowledge but also patience. Rae Wallace, RN, and Donna Niederhauser, RN, share their experiences as school nurses for nearly 15 years with Sound Medicine reporter Colleen Judice.

Archived editions of Sound Medicine, as well as other helpful health information, can be found at [soundmedicine.iu.edu/](http://soundmedicine.iu.edu/)

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