

Send Your Nomination
for 2010's Last Lecture



The Last Lecture offers the university community the opportunity to hear reflections on life's lessons and meaning from a retired or current IUPUI colleague of exceptional merit.

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Senior Sentinel

December
2009

Newsletter of the IUPUI Senior Academy

Changes are Coming:



A NEW IUPUI ENVISIONED

IUPUI, already not the same place many of us knew at retirement, will get less recognizable as it prepares for 35,000 students in the next few years. There will be new buildings and new programs most of us could not fathom. There is no timetable, nor dollar cost, but the need is urgent.

In a kick-off presentation for the Senior Academy's new year in September, **Roger Schmenner**, Chancellor Bantz' chief of staff, told about 50 inquisitive mostly grayhaired seniors that "we've got plenty of land, we have to use it better."

That will mean the end of old landmarks: Union Building, LaRue Carter Hospital, and the Board of Health Building. These are a result of Wishard Hospital's referendum to build a new Wishard on the west end of the campus. Also to go are Cavanaugh Hall, Taylor Hall, the Lecture Hall, the Tennis Center and a replacement for the Dental School Building.

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Scholarship Funds Nearing Goals

In this giving season, remember that we are close to the minimum goal to endow the three scholarship funds that have helped more than a dozen students gain an IUPUI education.

President **Harriet Wilkins** and **Art Mirsky**, chair of the scholarship committee, sent a letter to all Academy members to remind them that year-end charitable giving and a tax deduction for 2009 should include a generous

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Notice to Readers: A printed edition of the Senninel is sent to those without Internet service or who have slow connections. Some items are edited for printed page space. Complete stories are on the IUPUI Website and can be downloaded or read. www.iupui.edu/~sacademy/index.htm

How Will Debate on Health Reform End?

Perhaps the rancorous quandary in Congress over health reform should have been a debate over insurance reform.

That was the opinion of **David Orientlicher**, medical doctor, lawyer and state legislator, to about 30 Academy members in September.

He supposed that there will be a bill by the end of the year but it would cover only about half of the uninsured, which some accounts number about 46 million.

The far-reaching proposals would affect not only the federal budget, taxes, employers, medical professionals, and insurance companies but also the public, from the uninsured to those already satisfied with their options.

In his estimation, Orientlicher, who is on the faculty of both the medical and law schools at IUPUI, there are three models that could emerge. The VA system, which he called very good; the Medicare system which reaches those over age 65; and a voucher system. They are not part of the reform proposals, he said, but hinge on politics and the dilemma on how to equalize a system for everyone.

He traced the overtures that have been made for health reform, beginning in 1912 with Pres. Teddy Roosevelt. Other notable stabs at it have been made by FDR, Truman, and finally in the Johnson administration when Medicare and Medicaid were created in 1965. A further attempt at universal health care was not successful in the Clinton administration.

A question about whether health care could be rationed may depend on the number of doctors and other health professionals and policies on who can administer specific procedures.

Give Now to Scholarships

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contribution to the scholarship funds.

The Wilkins/Mirsky letter reminded us that “your support for education, [is] the number one priority in societal affairs after obtaining food and water”.

Checks should be made to the IU Foundation and be sure to designate the scholarship fund that you wish to support: Freshman (IPS) Fund, Returning Student Fund, or the Academic (Senior) Fund.

At the end of October, the funds stood as follows: IPS Student Fund, \$34,918.69; Senior Academic Fund, \$37,175.99; and Returning Student Fund, \$39,626.27

The minimum goal is to have \$40,000 in each fund so that each can be self supporting and regular Academy funds do not have to be used to support the scholarships. Each provides \$2,000 to qualified students.

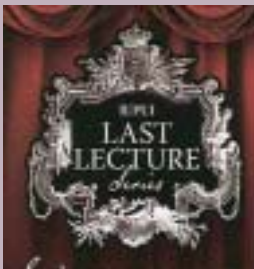
The program was part of the Academy Program Committee’s plans, headed by **Carlyn Johnson**, to present topical issues by experts throughout the year.

Help Find Our Next Last Lecturer

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The lecturer will be asked to share with students, staff, faculty and the general public the wisdom she or he gained through academic pursuits and life experiences and to distill a life of inquiry, reflection and service into guidelines for successive generations.

Nominations: All IUPUI faculty, retired faculty, staff and students are invited to submit nominations for the Last Lecture speaker. Nominators should submit a brief



(paragraph or two) justification why his/her nominee deserves the consideration.

Eligibility: All current and retired IUPUI-based faculty and staff who attained a status representing the pinnacle of their careers are eligible.

Speech Guidelines: 30-40 minute speech on the general subject of the speaker’s accumulated wisdom of a lifetime.

Date and Place: April 16, 2010 preceding the Chancellor’s Honors Convocation

Free Tang Soo Do Classes at IUPUI: Spring 2010

Tang Soo Do (pronounced tahng sue doe), a self-defense martial art related to Tae Kwon Do, will be offered again on Fridays, 12:05-12:45 pm, this spring semester.

The free series, open to both women and men staff, students and faculty, is a collaboration between IUPUI HRA Work/Life and the Student Wellness Coalition. Mike Foddrill, a 5 degree black belt and certified instructor, will teach the class. Each session builds on the previous session, so a commitment to attend all sessions is needed, but an occasional miss is not critical. For the registration form, visit <http://www.hra.iupui.edu/HRA/WorkLife> under News & Upcoming Events.

Tang Soo Do is a Korean martial art with roots over 2000 years old. The ultimate goal of all Tang Soo Do practitioners is to become the best persons they can be. Tang Soo Do is comprised of traditional Korean kicking techniques as well as punches, joint locks and throws. People of all experience and fitness levels may attend (check with your doctor beforehand). This training offers benefits including building confidence, concentration, discipline, conditioning, strength and general physical fitness. As a form of self-defense training, it teaches how to survive common situations as it focuses on real world applications. It will not teach you to be the best marital arts star but will give the tools to be confident in life and be the best you can be.

JagPerks

Cell phone discounts, amusement park discounts (during the season), gift cards, IndyGo passes (even the free student S-pass) and more – that’s what the JagTag card services office has to offer. You can even pay for your JagTag purchases using payroll deduction if you still are on a payroll.. For information, visit <http://www.jagtag.iupui.edu/discounts/index.aspx> .

Senior Academy Activities

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Spring semester programs for the Academy are now being formed. According to **Carlyn Johnson**, of the program committee, they tentatively include a January meeting titled “The Millenials are Coming,” by Tom DeCoster of SPEA, and a March meeting on local government by Marilyn Schulz.

The social committee has scheduled a February luncheon marking the 15th anniversary of the Senior Academy. On March 17, the Academy will attend the Ensemble Music Society International Chamber Concert, featuring Sergio and Adair Assad, famed artists from Brazil. It will be at the Indiana History Center. There is a charge of \$25. In April or May, a tentative overnight is being planned at a state park

Details are sent to all members in a monthly mailing from the Academy office.

The Academy Board meets regularly on the second Thursday of each month at 10:15 am in the Glendale Library auditorium. Members are invited to all meetings.

THE NEW IUPUI IN PLANNERS' HEADS

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That also will mean new traffic patterns, new street boulevards, and “lots more trees.” Schemmner said Michigan and New York Streets need to be two-way, and north-south Blackford and Union Drive need to be expanded as major north-south arteries. The campus will “look like an urban campus” when compared with a host of other central city urban universities such as in Denver, Chicago, Detroit, and Cleveland.

The central blocks between Michigan and New York will be devoted to an expanded academic core with housing, parking garages and even retail. A new Dental School building will go on the present Dental parking lot .

On the east end of the campus, at West Street and Indiana Ave., a new multi-use Administration Building is proposed along with retail and offices on lower floors and offices above. This new building will take no tax dollars as offices in other parts of the campus and rented space in the city will help pay for it. Among those to move in possibly include International Affairs, and four centers including the POLIS (now on Waterway Blvd), the Center on Philanthropy, the Indiana Business Research Center, the Public Policy Institute, and the IU Foundation (now on North Meridian), the Alumni Association and the President’s office (both in the Conference Center), and likely the School of Social Work. A new parking garage will be built. The Blackford Street corridor will be a major upgrade connecting Indiana Ave. to New York St.

Schemmner said that “We’ve got plenty of land (there’s almost 300 acres) so the traffic problem, which “is a mess,” needs prime attention. The vision is to make “cars invited guests and the campus to be more pedestrian friendly.” That means less emphasis on asphalt and more steel and glass. More lower floor retail and offices, and more academic space upstairs in higher-rise buildings are envisioned.

The chief of staff, who noted that he is approaching Senior Academy candidacy, said there is great potential for residential along White River on the south, and many athletic fields going north of Fall Creek. He presented many traffic figures that demonstrate the need for better traffic flow: 51% of traffic comes from the I-65 area, 20% from the south, 17% from the west and 12% other from along Michigan and other entries.. Blockages at West Street corners with Michigan and New York are monumental at rush times. The two-way street system would allow better feeder systems to parking garages.

He listed as among the most critical academic needs: lots more lab space for Engineering, Science, and medical specialties.

The plans are a work in progress in an attempt to find more than 4 million more square feet of academic, office and lab space added to the 10 million now. He said more tuition funds may be needed to make the dreams a reality in the next few years. More campus housing will allow up to 10% of the students to live on campus (now about 1330 are in apartments along White River Parkway as well as in apartments on the east edge of the campus and in Ball Hall).

Reduce Stress: Take Yoga

HRA Work/Life, Intramural & Recreational Sports and the Student Wellness Coalition offer ongoing yoga classes. Spring classes start Monday, January 11 and end Thursday, May 6.

Registrants pay the semester recreation fee (\$83 -staff/faculty; \$30 - students) and may then attend the 12:05-12:45 classes in the Campus Center (with a few exceptions) on

Mondays (Level I) and Wednesdays (Level II) and the Union Building Room 130 on Tuesdays (Level II) and Thursdays (Level I). There is no yoga class on January 18.

For the registration form, visit <http://www.hra.iupui.edu/HRA/WkLife/default.asp> under News & Upcoming Events.

The Groves at Work in Exotic Places

By Mary and Mark Grove

Since our retirement from IUPUI in 2004, we've had opportunities to work in countries we may otherwise never have visited. Our assignments were at universities in Kazakhstan, Kyrgyzstan, Kosovo, Liberia, and Macedonia.

Our most in-depth experience was in Macedonia, where we spent three months over four visits, working at a new university created to provide multi-lingual and multi-ethnic instruction in South East Europe.

Our work was performed under the auspices of IU's Center for International Education and Development Assistance and funded by the U. S. Agency for International Development (USAID), World Learning, and the Organization for Security and Cooperation in Europe.



Workspace on balcony of the apartment in Skopje, Macedonia, the only place where occupants could connect to the internet through local wireless. Colleagues had to work standing or sitting



Boys playing with a toy truck in Monrovia, Liberia. The truck was made from trash collected from the beach (see inset).



An Eastern Orthodox nun gave a tour of her monastery of Sveti Gjorgji Rajcica outside of Debar in western Macedonia. She had perfect English and wore purple slippers.

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IU receives institution-building grants to help new universities and those rebuilding after civil war or other dramatic shifts, such as the dissolution of the Soviet Union and Yugoslavia. IU provides instructional, technical, and administrative consulting, sending faculty and staff to work with their counterparts on the latest methods of teaching, computer support, and organizational management.

In addition to registrar-related activities (Mark's former area) and communications (one of Mary's specialties), we served as administrative generalists, providing needs assessment and training ranging from developing policies and procedures to training supervisors and HR staff on writing job descriptions. When questions came up in areas with which we weren't familiar, we contacted colleagues at IUPUI, who gladly provided information or resources. With their help, we looked much smarter than we are.

Everywhere we were welcomed as friends and colleagues. Though most of our hosts worked for incredibly low salaries by U.S. standards, they were highly talented and dedicated to improving educational opportunities in their countries. Many had returned from more lucrative work elsewhere in the hope of contributing to their society.

Our colleagues took the time to help us learn more about their countries. We were

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The Groves in Exotic Places

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invited to their homes as well as on day-long or weekend trips. We spent an evening gabbing with a group of artists and poets in Macedonia, attended two weddings in Kazakhstan, and were part of a full-house for a ballet in Kyrgyzstan. We visited monasteries and tombs, ancient archeological sites, mosques, and bazaars, took a photo of a father and daughter just after they had built her first snow man and visited a sea-side resort in Albania.

Every evening, we joined the locals for a promenade along the river to the city square in Skopje, Macedonia, where thousands of residents enjoyed the evening air and, in the case of the teenagers, came to see and be seen, as girls walked on impossibly high heels.

We learned to deal with a washing machine in our apartment where the instructions were written in Slovenian and where we forgot to convert Celsius to Fahrenheit in setting the wash cycle, resulting in well-boiled clothes.

We became regulars at the green market and bakery across the street from our apartment in Skopje. We learned enough Macedonian and Albanian to ask for “half a kilo” when the vendor moved to cut a block of cheese or weigh vegetables. We were “adopted” by our colleagues and continue to communicate and learn about our extended families, including updates on our Macedonian “grandchildren.”

Holiday Stress Relief



Do You Think Its Serious?

cut back on the number of dishes at the meal or ask others to bring the side dishes to make it easier on yourself. In regard to gifts, just do your best and don't worry about whether you gave the absolute best item. Shop at off hours when crowds are smaller to reduce stress and take a list so you can use your time well. It's YOUR holiday, too; give yourself a break and ignore those who ignore your good efforts and try to make you feel guilty for not meeting THEIR expectations.

During the holidays, some may feel guilt and anxiety over a variety of things – gift giving, planning and preparation of holiday meals, interactions with relatives, shopping, etc. One way to handle some of these anxiety-causing things is to relax our expectations.

Each item at those holiday meals doesn't have to be homemade, so buy an item or two instead of making it yourself,

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We adventured on our own, taking the bus three hours from Skopje to Ohrid, one of the oldest human settlements in Europe, and a UNESCO World Heritage site. We even managed to squeeze in a visit to Greece, though we nearly left our passports at the border on our overnight train trip.

We learned about history, customs, traditional clothing and food, and how many piercings a young woman sharing our train compartment had.



St. Jovan Bogosolav, Ohrid

Our work has taken us to places of recent conflict, dramatic change, and in some cases significant poverty.

But everywhere we've found hope and a commitment to work for a better future. In each country, we received ample thanks for sharing our expertise, but we think we've benefited far more than we could ever contribute.

Letters we sent home from our 2004 visit to Kazakhstan were published in the IU Home Pages. They provide a flavor of our first working trip as innocents abroad. Visit <http://www.iu.edu/~ocmhp/111204/text/travel.shtml>