



IUPUI Summer Activities



Summer Practice:

Practice that is organized by IUPUI coaches is prohibited during the summer unless your sport has specific exceptions (like the Safety Exception – see below).

Practice is defined as any meeting, activity or instruction involving sport-related information and having an athletic purpose, **which is held at the direction of or is supervised by a member of the IUPUI sport-specific coaching staff.** Practice occurs when one or more coaches and student-athletes participate in any of the following activities, even if the student-athlete participates voluntarily:

- Team conditioning activities
- Activities on the playing or practice field/court/pool/course
- Setting up offensive or defensive alignments
- Chalk talk
- Lecture on or discussion of strategy related to the sport
- Activities using equipment related to the sport
- Discussions or review of game films, or video related to the sport
- Activities conducted as physical education class work

All athletic activities during the summer must be VOLUNTARY (e.g., weight training, participation in camps/clinics, conditioning, pick-up games, etc.) and NO SPORT COACHING STAFF MEMBERS MAY BE PRESENT*. It's not permissible for an IUPUI coach to require student-athletes to report any information regarding their voluntary workout programs to anyone, or to provide expenses (postage, online system membership, calling cards) for the purpose of requiring student-athletes to report on the progress of summer activities and voluntary workouts. *Some exceptions apply – see below!

Individual Sports - Golf, Cross Country, Swimming & Diving, Tennis, Track & Field:

In individual sports, an IUPUI coach may participate in individual workout sessions with current IUPUI student-athletes during the summer, provided the request is made and initiated by the student-athlete, and the entirety of each session is voluntary.

Individual Consultation with a Coach:

Individual consultation with a coaching staff member initiated voluntarily by a student-athlete is NOT a countable athletically related activity, provided any discussion between the coach and the student-athlete is limited to general counseling activities and does not involve activities such as a chalk talk, use of equipment relating to a sport, or on-court/field activity.

Safety Exception - Swimming & Diving, Field Events For Track & Field:

In sports with a safety exception, coaches may be present during voluntary workouts without the workouts being considered mandatory athletically related activity, as long as the coach is ONLY providing safety and skill instruction. However, coaches may not conduct the content or length of the student-athlete's workouts.

Strength and Conditioning Activities:

Strength and conditioning coaches may design and conduct specific workout programs for returning student-athletes during the summer, provided those workouts are entirely voluntary and are conducted at the request of the student-athlete.

Summer Participation in Outside Competition

Returning student-athletes are required to submit the [Outside Competition Request for Approval](#) form at least ONE WEEK prior to the competition. Enrolled student-athletes in individual sports are now eligible to earn prize money during the summer in open competitions and events. The prize money accepted must NOT be more than your expenses to attend the event, in total. Please be prepared to document your winnings with receipts, event/tournament information and listed expenses! You will be asked to sign off on this in the fall compliance meeting.

Summer Participation on Outside Teams

The NCAA places limits on the number of student-athletes from any one program who may participate (practice, train and compete) with an outside team during the summer. Please check with your coaches and the compliance office prior to working out with any outside team (AAU, club team, etc.) this summer. Returning student-athletes who wish to participate on a summer league team MUST complete the [Summer League Request for Approval](#) form PRIOR to participation. Failure to submit the form will impact the student's eligibility to participate in collegiate competition in the Fall.



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Summer Employment:

There are no restrictions on student-athlete employment or compensation during the summer, other than the following requirements:

- A student-athlete must actually perform the work and get paid only the “going-rate” for the work performed;
- Payment for work performed should not be based on a student-athlete’s athletic reputation or athletic ability;
- Transportation to and from the job site is not permissible UNLESS that service is provided to all employees.

Additionally, student-athletes may be employed by the IUPUI athletic department or in a job arranged by an IUPUI staff member, including their coach. Individuals may provide lessons in their sport (except for Tennis and Golf) under the normal restrictions. Returning student-athletes are required to submit the [Employment Declaration](#) or the [Fee-for-Lesson Instruction](#) form for any and all jobs throughout the summer.

Financial Aid and Scholarships:

NCAA legislation requires that all student-athletes report any form(s) of outside financial assistance (other than sources contained in institutionally-approved financial aid packages or provided by parents or legal guardians). Examples of outside financial assistance include but are not limited to:

- National Merit Scholarships
- Church-sponsored Scholarships
- High School Booster Club Scholarships
- AmeriCorps Educational Benefits

Please contact the IUPUI Office for Athletics Compliance before accepting any outside financial assistance or for any questions concerning this topic. Further, all student-athletes must submit the [Award Declaration](#) form for scholarships from outside sources.

Summer Camps & Clinics:

Enrolled IUPUI student-athletes may work at IUPUI camps or clinics and are not required to submit any employment forms – the camp paperwork submitted by your coaching staff will serve as approval from the compliance office. For any outside (non-IUPUI) camps or clinics, [Employment Declaration](#) forms must be submitted to the IUPUI Office for Athletics Compliance prior to working the camp/clinic. Student-athlete duties at camps or clinics should be general or supervisory in nature, in addition to any coaching or officiating assignments. You may not be paid for only lecturing or demonstrating at a camp.

Contact Us:

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Visit our Website:
<http://www.iupui.edu/~jagsncaa/>

*Have a Fun and
Safe Summer
Break!*