

Promoting Psychological Health, Well-being, and Success for all Students

CAPS Services Summary Report 2008

Psychological & Psychiatric Services Provision

- 700+** Number of students receiving direct clinical services (6% increase over the prior year, and ~40% increase in the past 6 years).
- 400+** Number of students receiving direct clinical services in the fall 2008.
- 3,800+** Number of counseling sessions provided (a 60% increase over the past 6 years).
- 1,430+** Number of counseling sessions provided in the fall 2008 (nearly a 5% increase over the prior year).
- 160** Number of students receiving psychiatric medication management (a 17% increase over the prior year).
- 80** Number of students receiving psychiatric medication management in the fall of 2008.

Outreach Activities and Classroom Presentations

- 112** Number of outreach activities and classroom presentations provided to the Campus Community (100% increase over the prior year).
- 8,459** Number of students, parents, and faculty and staff members reached through outreach activities and classroom presentations (a 300% increase over the prior year).

Overall Functioning of CAPS Clients at Point of Contact

- 0.27%** Assessed as having 'Good Functioning'
- 18.43%** Assessed as having 'Slight Impairment'
- 56.10%** Assessed as having 'Mild Difficulties'
- 53.58%** Assessed as having 'Moderate Difficulties'
- 1.82%** Assessed as having 'Serious Difficulties'
- 1.63%** Assessed as having 'Impaired Reality'

Level of Academic Impairments of CAPS Client at Point of Contact

- 40.69%** Assessed as having 'No Impairment'
- 22.92%** Assessed as having 'Mild Impairment'
- 18.05%** Assessed as having 'Apparent Difficulties'
- 9.74%** Assessed as having 'Decline Performance'
- 8.60%** Assessed as having 'Risk of Failure'

Counseling and Psychological Services (CAPS)

Summary Report 2008 (Cont')

Client Representation by School: 2007-08 Academic Year

11.46%	Science	0.82%	Allied Health
4.23%	Herron School of Art	8.32%	Business
0.68%	Continuing Studies	3.27%	Dentistry
7.91%	Education	3.68%	Engr/Tech
2.32%	Informatics	0.41%	Journalism
5.73%	Law	2.86%	Liberal Arts
0.55%	Library/Information Science	1.77%	Medicine
7.37%	Nursing	1.91%	PE & Tourism
1.36%	SPEA	4.64%	Social Work
3.00%	UCOL	27.69%	Others/Chose not to Identify

Diagnoses of Treatment 2001 – 2008

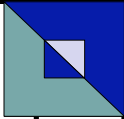
23.53%	Clinical Depression	8.85%	Adjustment with Mood
4.76%	Substance Related		And/or Anxiety Symptoms
1.67%	Bipolar Disorder	15.78%	Anxiety
2.39%	Eating/Body Image Issues	19.19%	Relationship Problems
0.57%	Thought Disorders	0.91%	Behavioral Concerns
7.81%	ADHD	3.12%	Learning Disorders
9.74%	Situational Stress/Problems	0.25%	Other Cognitive or Developmental Problems

Client Satisfaction

91%	...found the visits to be useful
82%	...experienced improvement in their condition
58%	...indicated that CAPS services helped them to remain at IUPUI
61%	...believed CAPS services helped to improve their academic performance

For students seen between 2000 and 2003:

75%	persisted or graduated over the next 2 years
45%	graduated within the following 4 years
55%	graduated within the following 6 years



CAPS Team

Julie M. Lash
Director

- Jamie Arnett.....Receptionist (Evening)
- Cissy Duvalle.....Office Coordinator
- Jo Beck-Jennings.....Post-Doctoral Fellow (p/t)
- Ciara Lewis.....Post-Doctoral Fellow
- Kimberly Martin.....Pre-Doctoral Intern
- Nicole Mihalek.....Doctoral Student Counselor
- Amy Oxley.....Staff Counselor
- Mark Radel.....Doctoral Student Counselor
- Oriya – Ran.....Pre-Doctoral Intern
- Jamie Ringer.....Post-Doctoral Fellow
- Rebecca Stempel.....Doctoral Student Counselor
- Unchana Thamasak.....Assistant Director for Clinical Services

Craig Erickson, M.D. (Contracted)
Psychiatrist, IUSM

Amy Ricke, M.D. (Contracted)
Psychiatric Resident, IUSM

CAPS Upcoming Events:

Body Image and Eating Attitude Screening

Tuesday, February 3, 2009

10 a.m.-4 p.m., Campus Center 148

Anxiety Screening

Thursday, April 9, 2009

10 a.m.-4 p.m., Campus Center 148

**Counseling and
Psychological Services**

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*The Division of
Student Life*

*Empowering student learning, inclusion and success
through engagement*