### Indiana University School of Social Work

# Application of the DSM IV in Social Work Practice Spring 2002 S600/095

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#### Description

This course is designed to increase the students' knowledge hase of psychopathology: to understand the variation in human adaptation in terms of etiology, symptoms, and treatment approaches. The psychodiagnostic process will be explored with a focus on enhancing students' abilities to recognize and classify the major mental disorders for purposes of collaborating with other professionals, developing goals and interventive strategies, and evaluation.

#### Objectives

Students will be expected to achieve the following objectives:

- 1. to develop a foundation for understanding psychopathology and its impact on the social worker's role in various settings;
- 2. to learn to organize behaviors systematically, using the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV), for the purpose of observation, study, and treatment;
- 3. to explore various theories regarding the etiology of each of the disorders discussed;
- to become aware of a range of therapeutic interventions applicable to the diagnostic categories discussed.

#### Focus

Review of the major mental disorders will be covered in relation to:

- 1. major theoretical perspectives
- 2. the mental status examination
- 3. the features and diagnostic criteria
- 4. associated relevant information regarding age, sex, associated factors including economic strata, racial background, familial patterns, psychosocial stressors, and course of development
- 5. interventive strategies for each of the mental disorders

#### Format

The format will include lectures, videotapes, assigned readings and group discussion. We will also have guest speakers for some selected topics.

#### Reference Material

The required text for this course is:

The American Psychiatric Association's <u>Diagnostic and Statistical Manual of Mental Disorders</u>, Fourth Edition, Text Revision, (2000). Washington, D.C.

A highly recommended text for this course is:

- James Morrison's <u>The First Interview</u>: Revised for DSM-IV, (1995), New York, New York, The Guilford Press.
- Fauman's Study Guide to DSM-IV, (1994), Washington, DD, American Psychiatric Press.

### Suggested reference material in addition to the DSM-IV:

- 1. Jane E. Edgerton and Robert J Campbell III editors of the American Psychiatric Glossary, (7th Ed., 1994), Washington, D.C., American Psychiatric Press.
- Philip C. Kendall and Constance Hammen's <u>Abnormal Psychology</u>, (1995), Boston, MA, Houghton Mifflin Company.
- Theodore Millon's <u>Disorders of Personality DSM-III: Axis II</u>, (1981), New York, New York, John Wiley & Sons.
- 4. James Morrison's, <u>DSM-IV Made Easy</u>, <u>The Clinician's Guide to Diagnosis</u>, (1995), New York, NY, The Guilford Press.
- 5. Len Sperry's <u>Handbook of Diagnosis and Treatment of the DSM-IV Personality Disorders</u>, (1995), New York New York, Brunner/Mazel, Inc.
- Spitzer, R.L., Gibbon, M., Skodol, A.E., Williams, J.B.W., & First, M.B. (Eds.), <u>DSM-IV</u> <u>Casebook: A Learning Companion to the Diagnostic and Statistical Manual of Mental</u> <u>Disorders</u>, (4th ed.), (1994), Washington, DC, American Psychiatric.
- E. Fuller Torrey's <u>Surviving Schizophrenia</u>: A family Manual, (1988), New York NY, Harper & Row.
- 8. Edmund J. Bourne's <u>The Anxiety & Phobia Workbook</u> (1990), Oakland, CA, New Harbinger Publications, Inc.
- 9 Dennis Greenberger and Christine A. Padesky's <u>Mind Over Mood</u> (1995), New York NY, The Guilford Press.
- 10. Patty Duke and Gloria Hochman's A Brilliant Madness Living with Manic Depressive Illness (1992), New York, NY, Bantum Books.
- 11. Kay Redfield Jamison's An Unquiet Mind (1996), New York, NY, Alfred A. Knopf.

### Course Outline

Session 1 (January 07, 2002)
 Introductions and orientation to course
 Class discussion on classification

## Martin Luther King Day (January 14, 2002) - No Class

- Session 2 (January 21, 2002)
   Overview of the DSM-IV and the Multiaxial approach to assessment and classification
   Basic Interviewing Skills Reviewed
   Presentation on Mental Status Examination
- Session 3 (January 28, 2002)
   Schizophrenia and other Psychotic Disorders
   In class practice on Mental Status Examination -mock interviews
- Session 4 (February 4, 2002)

## Mood Disorders Written Mental Status Examinations Due Case Vignette Due (in class)

- Session 5 (February 11, 2002)
   Dealing with Serious and Persistent Mental Illnesses.
   Guest speakers: Consumer representatives
- Session 6 (February 18, 2002)
   Disorders of Children and Adolescents
   Guest speaker: Kyle Myers, LCSW
- Session 7 (February 25, 2002)
   Anxiety and Somataform Disorders
   Case Vignette Due
- Session 8 (March 4, 2002)
   Midterm Examination

## Spring Break (March 11-17, 2002) - No Class

- Session 9 (March 18, 2001)
   Substance Abuse Disorders
   Guest speaker: Sue Weintraut, LCSW,CADAC
   Case Vignette (in class)
- Session 10 (March 25, 2002)
   Personality Disorders
- Session 11 (April 1, 2002)
   Personality Disorders Continued
   Case Vignette Due
- Session 12 (April 8, 2002)
   Dissociative Identity Disorder
   Guest speaker: Kelly
   Movie Review Assignment Due
- Session 13 (April 15, 2002)
   The use of medication in the treatment of adults, children and adolescents
   Guest speaker: Deb Carpenter, MSN, RN, CN
- Session 14 (April 22, 2002)
   Test Review and Diagnostic Skills Practice
   Case Vignette (in class)
   Extra Credit Papers Due
- ◆ Session 15 (April 29, 2002) Final Examination

Your final grade will be based on the following:

- ◆ Class preparation (readings etc.), attendance and participation are greatly encouraged and will be taken into consideration when grades are given. In preparation for class discussions, you will be expected to read the material from the DSM-IV as well as completing diagnoses for vignettes given out in the previous class session. If you miss a particular class session, you will be responsible for handing in assignments and obtaining information or assignments distributed during that class session. Missing more than ⅓ or the class sessions may be reason for not passing the class.
- ◆ Diagnostic interview You will witness a clinical assessment interview in class (live or videotaped). Based on this interview, you will be expected to write an assessment with presenting information and mental status evaluation. It will be evaluated on accuracy of information, assessment and evaluation of the data, use of professional terminology and clarity of written information. You may offer a diagnosis if you like; however it will not be considered in your grade. The mental status interview and written report will be worth 10 points or 10% of your grade. Due February 4, 2001.
- Case Vignettes Throughout the semester you will be given written case studies to review and diagnose. There will be 5 vignettes in total and each will be worth 3 points for a total of 15% of your overall grade. While you will be asked to work on these independently while doing related reading, you will have some opportunities to meet in peer consultation groups to discuss the diagnoses.
- ◆ Midterm Exam The exam will include approximately 15-20 objective questions covering the first part of the semester. You will also be given case vignettes and asked to respond to them by giving diagnoses for Axis 1,3,4 and 5. During this time you will be able to use the DSM-IV and will be able to use your classroom colleagues for diagnostic consultation. This exam will be worth 25% of your grade.
- ◆ Movie Review Watch a movie of your choice and write a 5-7 page character review. While the character you select to focus on may have an Axis I disorder, the emphasis of this assignment is on Axis II and whether or not the character has personality traits suggestive of an Axis II personality disorder. Give specific examples from the movie to support your conclusion and in enough detail so that I will be able to understand your conclusions whether I've seen the movie or not. This assignment will be worth 15% of your grade and is due on April 8, 2002.
- ◆ Final Exam The exam will include approximately 25 objective questions covering the whole semester and taken from the DSM-IV, lectures and class discussion. You will also be given case vignette(s) and asked to respond by giving a 5 Axis diagnosis. You will be encouraged to use the DSM-IV during the exam. The exam will be worth 35% of your grade.

Grade distribution will be as follows:

- Extra Credit If you are concerned about your final grade and would like to do an extra credit
  project, you can write a 5-7 page paper on a DSM-IV diagnostic category and the state of the
  art treatment protocol(s) for an individual with that diagnosis. Other topics of professional
  interest and related to this course may be acceptable upon approval by this instructor. The
  paper is due April 22, 2002.
- \*\*\*Please Note: Some changes in the course schedule may be necessary to accommodate unanticipated developments in the class process.