

**INDIANA UNIVERSITY
SCHOOL OF SOCIAL WORK**

Fall, 1993

S620

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**APPLICATION OF THE DSM IN SOCIAL WORK
S620 SECTION R321
ROOM NU 210**

- August 31:** Introduction to the class.
- September 7:** Dr. Alan Schmetzer, director and chief psychiatrist of Midtown Mental Health Center, will discuss DSM III, ICD-9-CM, drugs and the use of the mental status examination.
- September 14:** Dr. Paul Frederickson, clinical psychologist at Adult and Child Mental Health Center, consultant to the Indiana Methodist Children's Home, will discuss the use of psychological examinations and the value of a team approach to diagnosis and treatment.
- September 21:** Disorders usually first evident in infancy, childhood or adolescence (eating disorders: anorexia nervosa, bulimia).
- Bruch H. Eating Disorders - Obesity, Anorexia Nervosa and the Person Within. New York: Basic Books, Inc., 1973.
- Byrne, K. A Parent's Guide to Anorexia and Bulimia. New York: Henry Holt & Co., 1987.
- Chethik, Morton. Techniques of Child Therapy: Psychodynamic Strategies. New York: The Guilford Press, 1989.
- Hsu, L. G. Eating Disorders. New York: The Guilford Press, 1990.

Johnson, C. (Ed.) Psychodynamic Treatment of Anorexia Nervosa and Bulimia. New York: The Guilford Press, 1991.

Levenkron, S. The Best Little Girl in the World. New York: Warner Books, 1978.

Neuman, P. and Patricia A. Halverson. Anorexia Nervosa and Bulimia - A Handbook for Counselors and Therapists. New York: Van Nostrand Reinhold Co., 1983.

Sours, J. A. Starving to Death in a Sea of Objects - The Anorexia Nervosa Syndrome. New York: Jason Aronson, 1980.

Wilson, C. P. (Ed.) Fear of Being Fat - The Treatment of Anorexia Nervosa and Bulimia. New York: Jason Aronson, 1983.

_____. (Ed.) psychodynamic Tenchnique in the Treatment of Eating Disorders. Northvale, N.J.: Jason Arson, Inc., 1992.

September 28: Organic mental disorders (substance abuse). Ms. Carole Maguire, ACSW, CADAC, of Concepts Counseling Center, will present in conjunction with today's team.

Bratter, Thomas E. and Gary G. Forrest. Alcoholism and Substance Abuse: Strategies for Clinical Intervention. New York: The Free Press, 1985.

Khantzian, E., Kurt Halliday and William McAuliffe. Addiction and the Vulnerable Self. New York: The Guilford Press, 1990.

Kurtz, E. Not-God: A History of Alcoholics Anonymous. Center City, Minnesota: Hazelden Educational Services, 1979.

Levin, J. Treatment of Alcoholism and Other Addictions: A Self-Psychology Approach. Northvale, New Jersey: Jason Aronson, Inc., 1987.

Pattison, E. and Edward Kaufman (Eds.) Encyclopedic Handbook of Alcoholism. New York: Gardner Press, 1982.

October 5: Schizophrenic disorders.

October 12: Paranoid disorders.

Meisser, W. W. Psychotherapy and the Paranoid Process. New York: Jason Aronson, Inc., 1986.

_____. The Paranoid Process. New York: Jason Aronson, Inc., 1978.

October 19: Affective disorders (bipolar disorders and depression).

Arieti, Silvano and Jule Bemporad. Severe and Mild Depression: The Psychotherapeutic Approach. New York: Basic Books, Inc., 1978.

Coyne, James C. (Ed). Essential Papers on Depression. New York: New York University Press, 1985.

Gaylin, Willard. (Ed). Psychodynamic Understanding of Depression. New York: Jason Aronson, 1983.

October 26: Anxiety disorders (obsessive compulsive and phobias).

November 2: Anxiety disorders (post-traumatic stress disorder).

Barnard, Kathryn E. and T. Berry Brazelton. Touch: The Foundation of Experience. (Number 4 of Clinical Reports, a series of the National Center for Clinical Infant Programs). Madison, Connecticut: International Universities Press, Inc., 1990.

Krystal, Henry. Massive Psychic Trauma. New York: International Universities Press, Inc., 1968

_____. Integration & Self-Healing: Affect, Trauma, Alexithymia. Hillsdale, New Jersey: The Analytic Press, 1988.

Levine, Howard B. (ed.). Adult Analysis and Childhood Sexual Abuse. Hillsdale, New Jersey: The Analytic Press, 1990.

Margolis, Marvin. The Trauma of Transgression: Psychotherapy of Incest Victims. (Ed.) Selma Kramer and Salman Akhtar. New Jersey: Jason Aronson, Inc., 1991

McCann, I. Lisa and Laura Anne Pearlman. Psychological Trauma and the Adult Survivor: Theory, Therapy and Transformation. New York: Brunner/Mazel, 1990.

Ochberg, Frank M. Posttraumatic Therapy and Victims of Violence. New York: Brunner/Mazel, 1988.

Shengold, Leonard. Soul Murder: The Effects of Child Abuse and Deprivation. New Haven: Yale University Press, 1989.

Ulman, Richard B. and Doris Brothers. The Shattered Self, A Psychoanalytic Study of Trauma. New Jersey: The Analytic Press, 1988.

November 9: Dissociative disorders (multiple personality, fugue and amnesia).

American Psychiatric Press. Childhood antecedents of multiple personality. Washington: American Psychiatric Press, 1985.

Boor, M. "The Multiple Personality Epidemic: Additional Cases and Inferences Regarding Diagnosis, Etiology, Dynamics and Treatment", in Journal of Nervous and Mental Disease, 170(5), 302-304. 1982.

Bowers, M. K., S. Brecher-Marer, W. Bernauer, Z. Piotrowski, T.C. Spyer, W. S. Taylor and J. G. Watkins. "Therapy of Multiple Personality", in The International Journal of Clinical and Experimental Hypnosis, 19(2), 57-65. 1971.

Coons, P.M., E. S. Bowman and V. Milstein. "Multiple Personality Disorder: A Clinical Investigation of 50 Cases", in Journal of Nervous and Mental Disease, 176(9), 519-527. 1988.

Fahy, T. A. "The Diagnosis of Multiple Personality Disorder: A Critical Review", in British Journal of Psychiatry, 153, 597-606. 1988.

Hilgard, E. R. Divided Consciousness: Multiple Controls in Human Thought and Action. New York: John Wiley & Sons, 1977.

Putnam, F. W. Diagnosis and Treatment of Multiple Personality Disorder. New York: Guilford Press, 1989.

Schreiber, F. R. Sybil. Chicago: Henry Regnery Co., 1973.

November 16: Psychosexual disorders (gender identity disorders).

Althof, S., S. Levine and C. Risen. "Essay on the Diagnosis and Nature of Praphilia," in Journal of Sex and Marital Therapy, 16(2), 89-102. (1990).

Archer, J. and B. Lloyd. Sex and Gender. New York: Cambridge University Press, 1985.

Fast, I. Gender Identity: A Differential Model. Hillsdale: Lawrence Erlbaum Associates, 1984.

Stoller, R. Observing the Erotic Imagination. New Haven: Yale University Press, 1985.

_____. Sex and Gender. New York: Science House, 1986.

November 23: Somatoform disorders.

Baur, Susan. Hypochondria. Berkely: University of California Press, 1988.

Barsky, A.J. and G. L. Klerman. "Overview: Hypochondriasis, Bodily Complaints and Somatic Styles," in American Journal of Psychiatry, 140:273-81. (1983).

Kellner, R. "Hypochondriasis and Somatization" in The Journal of the American Medical Association, 258(10):2718-22. (1987).

_____. "Somatization Theories and Research," in Journal of Nervous and Mental Disorders, 178(3):150-60. (1990).

Pennebaker, James. The Psychology of Physical Symptoms. Springer-Verlag: New York. (year not listed).

Shorter, Edward. From Paralysis to Fatigue. New York: The Free Press, 1992.

Warwick, H.M and P.M. Salkovskis. "Hypochondriasis," in Behavior Research and Therapy, 28(2):105-17. (1990).

November 30: Adjustment disorders.

December 7: Personality disorders - borderline and narcissistic.

Alder, Gerald. "The Borderline-Narcissistic Personality Disorder" in American Journal of Psychiatry, 138 (1), 46-50. January 1981.

_____. Borderline Psychotherapy and its Treatment. New York: Aronson, 1985.

Beck, A.T. and A. Freeman. Cognitive Therapy of Personality Disorders. New York: Guilford Press, 1990.

Hartocollis, P. Borderline Personality Disorders: The Concept, the Syndrome, the Patient. New York: International Universities Press, Inc.

Kreisman, J. J. and H. Straus. I Hate You -- Don't Leave Me: Understand the Borderline Personality. New York: Avon Books, 1989.

Lowen, A. Narcissism: Denial of the True Self. New York: Macmillan Publishers, 1985.

Morrison, Andrew (Ed.). Essential Papers on Narcissism. New York: New York University Press, 1986.

Price, N.D. On the Edge: The Love/Hate World of the Borderline Personality. Summit, N.J.: The PIA Press, 1989.

Saari, C. Clinical Social Work Treatment: How Does it Work? New York: Gardner, Inc.

Stolovow, Robert, Frank Lachmann. Psychoanalysis of Developmental Arrests. Madison, Conn.: International University Press, 1980.

Stone, W. N. and J. P. Gustafson. "Technique in Group Psychotherapy of Narcissistic and Borderline Patients" in International Journal of Group Psychotherapy, 32 (1), 29-47. January 1982.

Turner, F. J. (ed). Differential Diagnosis and Treatment in Social Work, (3rd ed.). New York: Macmillan Publishing Co. 1983.

Volkan, V.D. "Narcissistic Personality Organization and 'Reparative' Leadership" in International Journal of Group Psychotherapy, 30 (2), 131-152. April, 1980.

Personality disorders - passive-aggressive and dependent. (Final papers due).

Bornstein, Robert. The Dependent Personality. New York: Guilford Press, 1993.

Coen, Stanley. The Misuse of Persons. Hillsdale, N.J.: The Analytic Press, 1992.

Kaplan, Louise J. Oneness and Separateness: From Infant to Individual. New York: Simon and Schuster, 1978.

McDevitt, John B. and Calvin F. Settlage (eds.). Separation-Individuation: Essays in Honor of Margaret S. Mahler. New York: International Universities Press, Inc., 1971.

Parens, Henri and Leon J. Saul. Dependence In Man. New York: International Universities Press, Inc., 1971.

Winnicott, D.W. The Maturation Process and the Facilitating Environment: Studies in the Theory of Emotional Development. New York: International Universities Press, Inc., 1965.

December 15: Final examination.

Description:

This course is designed to increase the students' knowledge base in the area of psychotherapy: to understand the variance in human adaptation in terms of etiology, symptoms, and treatment approaches. The psychodiagnostic process will be explored with a focus on enhancing students' abilities to recognize and classify the major mental disorders for purposes of collaborating with other professionals, developing goals and interventive strategies, and evaluation.

Objectives:

Students will be expected to achieve the following objectives:

1. to develop a foundation for understanding psychopathology and its impact on the social workers' role in various settings;
2. to learn to organize behaviors systematically, using the Diagnostic and Statistical Manual of Mental Disorders (DSM III R), for the purpose of observation, study, and treatment;
3. to explore various theories regarding the etiology of each of the disorders discussed;
4. to become aware of a range of therapeutic interventions applicable to the diagnostic categories discussed.

Course Outline:

I. Overview of Models of Psychopathology

Various methods of assessing psychopathology will be explored, the purpose of diagnosing, as well as the drawbacks inherent in this process will be discussed.

II. Discussion of the mental status examination

The mental status examination will be described in terms of its content and its utility in assessment, treatment planning, and consultation and collaboration with other professionals.

III. Review of the major mental disorders will be covered in relation to:

- a. major theoretical perspectives for each disorder
- b. the mental status examination
- c. the features and diagnostic criteria for each disorder.
- d. associated relevant information regarding age, sex, predisposing factors including economic strata, racial background, familial patterns, psychosocial stressors, and course of development.
- e. interventive strategies for each of the mental disorders including individual, family, and group practice.

Format:

The format will include lectures, audio and video tapes, reading of case vignettes, and group discussions.

Assignments:

(15%) Each student is required to participate in at least one DSM team. The team is required to present to the class a brief overview of the disorder and relevant and current treatment techniques appropriate to that disorder. Historical and current theories are to be presented.

As part of the presentation, each team is to find characters in a movie, play or novel that demonstrate and represent the disorder it is presenting (if the student is using a character in a movie on VHS cassette, VCR equipment will be available if ample notice is given the instructor).

(5%) Each team is responsible for submitting a bibliography of readings appropriate and relevant to its area of study.

A team may recruit any expert or professional to assist with their presentation who has expertise in the area of the team's presentation. Please give the instructor ample notice so complementary parking permits can be supplied.

(5%) Class participation and attendance.

Final paper:

(25%) A final paper, between 10 to 20 pages, is due on December 3. Select a character from a fairy tale, movie, play, TV series (that the instructor is familiar with), and present a diagnosis of that character with your rationale for that diagnosis. Then, present how you would go about treating that individual, in what modality and your rationale for such (a bibliography is required).

Readings:

The major textbook for the course is the DSM III: Diagnostic and Statistical Manual of Mental Disorders, (3rd Ed.). Washington, D.C.: American Psychiatric Association, 1980.

The other textbooks are:

Corsini, Raymond, ed. Current Psychotherapies. Itasca, Illinois: F.E. Peacock Publishers, Inc., latest edition.

Sarason, Irwin G. and Barbara R. Sarason. Abnormal Psychology. Englewood Cliffs, N.J.: Prentice Hall, 1993.

Wachtel, Paul L. Therapeutic Communication. New York: The Guilford Press, 1993.

Exams:

(50%) There will be a final examination on December 15.